## North Jersey Health Collaborative and Screen NJ in the News



## Free Cancer Screening Webinars in English and in Spanish

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Despite Covid-19, Cancer Screenings are as Important as ever & Screening Centers are Open for Business. Schedule Your Screenings Today!

On May 5th and 6th from 3-4pm the North Jersey Health Collaborative will be hosting free cancer education webinars in Spanish and English respectively. Webinars are hosted on Zoom by Laura O'Reilly-Stanzilis RN MSM and taught by Holistic Health Educator Mary Ellen Zung. Registration for these webinars can be found on the North Jersey Health Collaborative's calendar page.

Sussex and Warren county residents have the opportunity to attend webinars where they will learn about the basic elements of cancer, the importance of cancer screening, eligibility, and where and how to access low or no-cost cancer screenings. The main message presented in these webinars is that cancer screening is an easy, affordable, and effective way of preventing cancer and saving lives.

Since January, the North Jersey Health Collaborative has been hosting free educational webinars on cancer and low-cost cancer screenings in New Jersey. This public health initiative is made possible with a grant from ScreenNJ, a collaborative project, led by Rutgers Cancer Institute of New Jersey in partnership with the New Jersey Department of Health and organizations throughout New Jersey, to improve colorectal and lung cancer outcomes.

In New Jersey, lung and colorectal cancer are the two leading causes of cancer-related death. These high mortality rates are due, in large part, to the fact that these cancers are often not detected until later stages, when they have spread to other areas of the body. This makes early detection incredibly important and is why cancer screening education is an essential component of reducing cancer incidence and mortality in the state. In fact, 60% of colorectal cancers can be prevented with regular screening!

"We know that people are putting off regular check-ups and screenings because of covid," says Laura O'Reilly-Stanzilis RN MSM, and executive director of NJHC, "which is why it is more important than ever to educate New Jersians about the importance of cancer screenings – because it really does save lives."

For more information, contact Laura O'Reilly-Stanzilis at laura@njhealthmatters.org

Register for a free Cancer 101 Webinar on May 5th @ 3pm HERE (Presentación en Español) Register for a free Cancer 101 Webinar on May 6<sup>th</sup> @ 3pm HERE (English Presentation)



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