



Warren County Health Improvement Committee Meeting Minutes

4/25/2023

Attendees (14): Tracy Mazzucco (Warren County Health Department), Maria Ross (Warren County Health Department), Daniel Wikstrom (NJHC), Sherri Cirigano (Rutgers Cooperative Extension), Maria Satmary (Montclair State University), Haley McCracken (Project Self Sufficiency), Jackie Hudak (St. Luke's Warren Campus), Katie Bisaha (New Jersey Healthcare Quality Institute), Linda DeNude (Atlantic Health System Community Health), Ryan Moulton (Rutgers Cancer Institute of New Jersey), Silvia Camelo (Norwescap Health Connections), Christine Parauda (Local Share/Foodshed Alliance), Gladys Harris (The Olive Group), Julissa Lituma (Screen NJ)

Call to Order: Tracy Mazzucco called the meeting to order at 2:06 pm.

CHIP Implementation Discussion:

The [Warren County CHIP](#) is published on the Morris County Committee page on www.NJHealthMatters.org. Starting in May, the NJHC will begin to collect impact data from CHIP contributors. If you contributed to the CHIP, you will be asked to provide 2022 impact data for the interventions your organization provided by July 1st

Effective strategies for obtaining impact data from partners

- Survey is preferable, no other suggestions

Screen NJ Discussion:

NJHC Partners who expressed a willingness to share and publicize future cancer screening educational webinars with referrals will be contacted with promotional materials in the future and encouraged to share within their professional network, as well as with clients and patients when possible.

Effective strategies for recruiting (1) NJ Residents; (2) Nutrition Insecure NJ Residents; (3) Low-income families, and child care providers (3) Warren & Sussex Co residents at-risk of radon exposure

- Ryan Moulton (RCINJ): RCINJ provides educational presentations in the community, patient navigators follow up with education on navigation education and resources and referrals. rm1231@cinj.rutgers.edu
 - NJHC is planning a lung cancer signs and symptoms/ lung cancer screening/ environmental risk factors education event in conjunction with RCINJ and Screen NJ
 - Radon Kits will be made available to the public
 - Request form for NCINJ educational presentation/tabling
https://rutgers.ca1.qualtrics.com/jfe/form/SV_9uCmhBS2aeaSMex
- Julissa Lituma (Screen NJ): We have a signup sheet for individuals interested in being referred to screenings to be contacted by patient navigators within 2-3 business days patientnavigation@cinj.rutgers.edu
 - Mobile van will be taking a tour throughout NJ starting in the south this Summer (starting in July). If you are interested in having the van visiting your organization/event you can reach out to our mobile health unit at https://rutgers.ca1.qualtrics.com/jfe/form/SV_aY4kPnxhJXR75jg
 - The earlier you can reach out to the mobile health coordinator the faster you can get a response on potentially



Subcommittees:

Many people expressed interest in leading and joining subcommittees in Morris County. If you are interested in joining and are not on the subcommittee interest list, please contact

info@njhealthmatters.org

Subcommittee Discussion

- Nutrition, Physical Activity, Obesity, Maternal Child Health, Healthy Aging, Mental Health, Chronic Disease, and Social Determinants of Health
- Future meetings in-person but hybrid option will remain available
- Information will be sent out to members

Community Resource Sharing/Needs and Leads (Sarah Rubinstein):

- **NJHC: (1)** All Chair positions are now filled, however chair-elect positions, as well as officer-elect positions (President, Treasurer, Secretary) for 2024 and beyond are open. Please reach out to info@njhealthmatters.org if you are interested in a future leadership position. **(2)** The NJHC is looking to partner with more institutions of higher education. If any partners have contacts with colleges and universities in the area, we encourage partners to connect them to the collaborative. **(3)** The NJHC 2022 Annual Report has now been published, please view it [here](#).
- **Sherri Cirigano (Rutgers Cooperative Extension):** Gearing up to provide educations throughout the Summer, canning exhibit for Warren County Farmers Fair (info available on Warren County Farmers Fair website), nutrition education is still ongoing.
- **Haley McCracken (Project Self Sufficiency):** Connecting NJ Hub with NJ DOH (case management with focus on streamlining families w children ages > 3 with home visitation program focusing on child development as well as utility assistance, SNAP applications, coming up with long-term plans). NJ Youth Corps Program covers northern Warren as well as Phillipsburg area serves individuals who have dropped out of high school, recruiting for summer cohort starting July 10th. Journey our mobile unit giving out food and connecting families to resources in Hackettstown. We have been there since late January and is located behind Trinity Church. Breast Cancer Survivor event is on June 10th between 10-1pm, please contact us if you are interested in having a table at that event.
- **Silvia Camelo (Norwescap Health Connections):** Continuing with CEED (breast, cervical, prostate, and colorectal), two new community health workers focused on COVID and flu, flu is dying down, COVID is still going. Zufall is giving out free COVID and flu vaccines starting in the fall. We do have CDC funding for reimbursing individuals to pay for their own vaccinations (not allowed to *pay* for vaccinations, but are allowed to incentivize vaccinations). Reminding individuals that access to free testing may be winding down. Official state sanctified SNAP navigators for Warren, Hunterdon, and Sussex Counties. For Warren County, we have seen a huge uptick in requests for services.
- **Tracy Mazzucco (Warren County Health Department):** We are still offering bivalent



vaccines and test kits. Warren County Fair: July 29th- Aug. 5th 2023 (Tuesday or Monday Senior Day?)

- **Jaclyn (St Luke's):** Medicaid and Childrens Health Insurance Program flyer, please share with your network and clients.
- **Linda DeNude (Atlantic Health System Community Health):** We continue to offer our community programs. We are offering programs in-person now. We have programs starting in June with promotional materials to come. We offer seven different exercise programs (10 classes for \$50). If you would like to receive our community events calendar (communityhealth@atlanticealth.org) For anyone interested in the upcoming presentation offered here in Hackettstown on Diabetes and Pelvic Floor Therapy or partnering with me to offer a presentation feel free to email me: Linda.DeNude@atlanticealth.org and I would be happy to share details. Thank you!
- **Christine Parauda (Food Shed Alliance):** Free produce pop-up markets (people can self-select fresh produce) in Warren, Sussex, and Morris County. We also provide produce to food pantries. Very popular among clients and successful as far as food offered to communities in need. Czig Meister \$1 donation to local Foodshare Way Finder Pilsner.
- **Katie Bisaha (NJHQI):** Youth mental health first aid training is coming up (flyer in minutes) next week and has a few openings available if anyone is interested in receiving training.
- **Gladys Harris (Olive Group):** I do a fair amount of pro bono work, so these meetings are helpful to stay up to date on upcoming programs available for clients. Open to collaborating with members. **Tracy:** I agree it is important that our partners and our communities know about the services that we provide so we are happy to have you and need people with you! The Olive Group LLC health care management services 954-892-8209n(m); www.theolivegroupllc.com; gladysharris@theolivegroupllc.com
- **Gilbert Baez (Morristown Medical):** We partner with our sister hospitals throughout the state. With Warren in particular I'm interested in how best we can partner with the collaborative and their partners on cancer screening and education.
- **Julissa Lituma (Screen NJ):** We are state-wide, we are doing cancer screenings throughout the entire state of New Jersey for people who are uninsured or under insured. Very excited for the Warren County Fair.

Adjournment

Tracy Mazzucco adjourned at 2:59 am.

Chat:

Linda DeNude

Linda DeNude Community Health Atlantic Health System

Ryan Moulton, CINJ

Ryan Moulton, Rutgers Cancer Institute of New Jersey



Silvia Camelo

Silvia Camelo Norwescap Health Connections

Juilssa Lituma

Julissa Lituma (Screen NJ)

Katie Bisaha

Katie Bisaha, New Jersey Health Care Quality Institute (Mayors Wellness Campaign)

Jaclyn Hudak

Jaclyn Hudak, St. Luke's Warren Campus, Community Health Liaison

Christine Parauada

Christine Parauada, Local Share/Foodshed Alliance

Maria Ross

Maria Ross

Public Health Planner

Warren County Health Department

Sherri Cirignano-FCHS-Rutgers Cooperative Extension

The Dietetic Intern is Maria Satmary from Montclair State University

Gladys Harris

Gladys F Harris BS, MBA, CMC, CDP - Founder —> The Olive Group LLC health care management services 954-892-8209n(m); www.theolivegroupllc.com; gladysharris@theolivegroupllc.com

Juilssa Lituma

<https://screennj.org/>

Ryan Moulton, CINJ

rm1231@cinj.rutgers.edu

Juilssa Lituma

<https://screennj.org/lifesaver-mobile-health-unit/>

Ryan Moulton, CINJ

https://rutgers.ca1.qualtrics.com/jfe/form/SV_9uCmhBS2aeaSMex

Link to request form ^^^

Daniel Wikstrom, NJHC

[https://www.njhealthmatters.org/content/sites/njhc/Annual Reports/2022 NJHC Annual Report.pdf](https://www.njhealthmatters.org/content/sites/njhc/Annual%20Reports/2022%20NJHC%20Annual%20Report.pdf)

^ Annual Report

Sherri Cirignano-FCHS-Rutgers Cooperative Extension

<https://www.warrencountyfarmersfair.org/>

Jaclyn Hudak

Please share to your organizations and clients/families etc. Thanks!



North Jersey Health Collaborative

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Linda DeNude

To sign up for Community Health Events calendar email: communityhealth@atlanticealth.org
For anyone interested in the upcoming presentation offered here in Hackettstown on Diabetes and Pelvic Floor Therapy or partnering with me to offer a presentation feel free to email me: Linda.DeNude@atlanticealth.org and I would be happy to share details. Thank you!

Katie Bisaha

kbisaha@njhcqi.org

Daniel Wikstrom, NJHC

info@njhealthmatters.org

Juilssa Lituma

patientnavigation@cinj.rutgers.edu



Youth Mental Health First Aid Training

Youth Mental Health First Aid is an 6.5 hour virtual training that teaches you how to help adolescents ages 12-18 who is developing a mental health problem or experiencing a mental health crisis. **The training helps identify, understand, and respond to signs of mental illnesses and substance use disorders.**

This course will teach you how to apply the ALGEE action plan:

- Assess for risk of suicide or harm
- Listen nonjudgmentally
- Give reassurance and information
- Encourage appropriate professional help
- Encourage self-help and other support strategies

Leverage your MWC to increase support for young people who may be experiencing a mental health or substance use problem.

Learn how to help a young person in distress. Recognize symptoms. Learn a 5-step action plan.

Take the course.
Strengthen your community.

This 6.5 hour training will take place **virtually on Thursday, May 4 from 9:30a.m. to 4p.m.** Participants are required to complete 2 hours of online pre-work prior to the start of the class.

WHO SHOULD ATTEND

- School Staff
- Adults who work with youth
- Parents, Grandparents, Aunts, Uncles
- Municipal Employees
- Community Members

***Participants will need to be on camera for the entire training to receive certification.**

WHAT IT COVERS

- Common signs and symptoms of mental illness and substance use.
- How to interact with a young person in a crisis.
- How to help connect a young person with help.
- Better understand trauma, substance use, self-care and the impact of social media and bullying.

Nearly 1 in 5 teens and young adults lives with a mental health condition
(National Institute of Mental Health)

To register, email your name, title and cell phone number to **Katie Bisaha at kbisaha@njhcqi.org**





Medicaid and CHIP Participants

Service Provider Information
and Resource Guide

Renewal Changes are Coming!

- Medicaid and Children's Health Insurance Program (CHIP) continuous coverage is coming to an end. Recipients will need to re-enroll beginning **April 1, 2023**.
- Patients will receive their renewal packet 30-days prior to renewal.
- **It is important to have accurate contact information in the system as soon as possible.**

Department of Human Services
Communication Toolkit PA:
[Communications Toolkit \(pa.gov\)](https://pa.gov)

Department of Human Services
Toolkit NJ: Stay Covered NJ
[Stay Covered NJ Toolkit](#)

To translate Toolkit: Go to upper right corner and click "Translate"

Applications can be updated & completed by phone, on-line or app:

PA.gov COMPASS



Scan Here



NJ Family Care





Participantes de Asistencia Médica y CHIP

Información sobre proveedor de servicios y guía de recursos

Se acercan cambios en el proceso de renovación de servicios

- El seguro médico para niños (CHIP, por sus siglas en ingles) y Asistencia Médica (Medicaid) va a terminar la cobertura continua. Los participantes de estos servicios tendrán que inscribirse de nuevo a partir del 1ro de abril
- Pacientes recibirán su paquete de renovación 30 días antes de la fecha de renovación
- Actualice su información de contacto en el sistema lo más pronto posible

Departamento de Servicios Humanos
Herramienta de comunicación PA
[Communications Toolkit \(pa.gov\)](https://pa.gov)

Departamento de Servicios Humanos
Herramienta de comunicación NJ
[Stay Covered NJ Toolkit](https://nj.gov)

Para traducir los recursos: Haga click en “translate” ubicado en la parte superior derecha

aplicaciones se pueden completar por teléfono, en línea o utilizando la aplicación:

PA.gov COMPASS



escanea aquí



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Free QPR Gatekeeper Training

Learn more about how you can help save a life.



*For ages 10 and older



QPR-QUESTION, PERSUADE, REFER
A 3-step evidenced based intervention to help those in crisis. End the stigma, learn the warning signs, how to ask about suicide, persuade someone to stay alive and refer someone for help.

Warren County Community College

North Warren Regional High School

April 20, 2023

May 11, 2023

6:30pm



Scan the code below your preferred location to register !

Join one of our presentations, light refreshments will be served. Continuing Education credits provided from NBCC. If you are unable to register via QR code, please email humanserviceseco.warren.nj.us or call 908-475-6331



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Project Self-Sufficiency

Family Health Expo

Kids Activities, Too!



Thursday, April 27th, 4—7pm

Get the Latest Information ...

Health Screenings—Adverse Childhood Experiences—Blood Pressure Checks—Breast Health—Child Abuse Prevention—Car Seat Safety—Maternal Health—Mental Health—Nutrition—Special Education Services—Summer Programs for Kids—& More!



Speak with Health Care Professionals!

Atlantic Health System/Newton Medical Center—Caring Partners of Morris and Sussex—Center for Family Services—DAWN Center for Independent Living—Elizabethtown Gas—Ginnie's House Children's Advocacy Center—Kinship Navigator Program (CarePlus New Jersey) - New Jersey Cancer Education & Early Detection (NJCEED) - Newton Volunteer First Aid & Rescue Squad—NORWESCAP Child and Family Resource Services—Safe Kids Northern NJ, Safe Communities (Morristown Medical Center) - SCARC, Inc; SCARC Guardianship Services, Inc.—Special Child Health Services—State of New Jersey, Department of Children & Families, Division of Child Protection & Permanency, Office of Resource Families—Sussex County Division of Community and Youth Services—Sussex County Office of Public Health Nursing, Division of Health—Sussex County Division of Social Services—Sussex County Library—Sussex County YMCA—Zufall Health—& Others

One Family in Attendance Could Win a Gift Card!

Project Self-Sufficiency—127 Mill Street, Newton, NJ

www.projectselfsufficiency.org