



North Jersey Health Collaborative

health matters

County Committee: Sussex County Committee Meeting

Date: July 12, 2018

Location: Romano Conference Center, at Newton Medical Center

Time: 12:00pm – 2:00pm

Number of attendees: 25

See sign-in sheet for contact information/listing.

AGENDA	PRESENTER	DISCUSSION	ACTION/FOLLOW-UP/RESPONSIBLE PARTY
Call to Order 12:00p- 12:10p	Tracy Storms Mazzucco (Sussex County Division of Health, SCC chair)	Welcome and Introductions <ul style="list-style-type: none"> ▪ Welcomed everyone and each attendee gave a brief introduction about where they work and what they do 	N/A

AGENDA	PRESENTER	DISCUSSION	ACTION/FOLLOW-UP/RESPONSIBLE PARTY
12:10p-12:20p	Catherine Connelly (NJHC)	<p>Collaborative News</p> <ul style="list-style-type: none"> ▪ Strategic Plan for 2021 is in development by the Executive Committee & Board <ul style="list-style-type: none"> • Want to determine how we can make NJHC sustainable and stronger ▪ The website www.njhealthmatters.org has a new look. <ul style="list-style-type: none"> • Check out the Summer Newsletter. ▪ Follow NJHC on Twitter account, NJHealthMatters. <ul style="list-style-type: none"> • Need more followers so please share with colleagues/community ▪ Annual fundraising campaign to begin by end of summer ▪ Open Leadership Positions: Nominations <ul style="list-style-type: none"> • Chair-Elect County Committees – Sussex County needs Chair-Elect, but Tracy has agreed to stay on for another year • Vice President (Officer) • Treasurer (Officer) • Secretary (Officer) ▪ Regional committees are also recruiting <ul style="list-style-type: none"> • Data Committee - need members from Sussex County • Finance Committee • Communications & Marketing • Process Implementation Committee 	

<p>12:20p-12:55p</p>	<p>Data Committee: Jodi Miciak & Catherine Connelly</p> <p>Feedback from county partners</p>	<p>Community Health Needs Assessment</p> <p>Community Voice Survey “First Look”</p> <ul style="list-style-type: none"> ▪ Taking the CVS data and pairing it with the secondary data that has been collected ▪ Results are not necessarily representative of everyone in the communities ▪ 508 people took the survey in Sussex County (see final report for details on demographics) ▪ Top 5 municipalities to report: Franklin, Newton, Vernon, Sparta, Hardyston ▪ Used the County Health Rankings and Roadmaps Framework to develop survey <ul style="list-style-type: none"> • Most impactful for overall health and finding root causes • Domains that affect health & wellbeing: Physical Environment, Social and Economic Factors, Clinical Care, Health Behaviors ▪ On a scale of 0 to 10, Sussex County respondents gave their overall wellbeing an average rating of 7.56 <ul style="list-style-type: none"> ▪ The top 5 areas respondents think should be the focus when trying to improve the health and wellbeing of their neighborhoods are: <ul style="list-style-type: none"> • Mental health care (19.7%) • Housing (16.0%) • Roads (15.5%) • Pedestrian Safety (14.7%) • Health Insurance (13.9%) ▪ Next Steps: <ul style="list-style-type: none"> • By September: final county reports and organizational summaries to be distributed. <ul style="list-style-type: none"> ◦ Weighted data (to balance sampling) 	
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- Data will only be distributed for municipalities with over 50 respondents
- Analysis of qualitative responses
- Digging deeper into areas where we need more information/clarification
- October – Open Space Meetings – Partners leading strategies

Transportation Survey

- Rutgers University conducted a 5 county regional survey to determine barriers and challenges for transportation. (report available upon request)
- Christine Florio (Transportation Workgroup Lead) is looking into grant opportunities to conduct further studies and get a larger sample of participants to determine additional limitations to access (i.e.: phone access to contact transportation)
- Trans-options also conducted a recent pedestrian survey

Strengths, Opportunities for Improvement

- Catherine requested that workgroups evaluate their needs and strengths, which strategies to start, stop, keep.

Engaging new partners

- Need to engage new partners that are not at the table to address some of the results from the CVS; such as businesses and Chamber of Commerce

<p>12:55p-1:20p</p>	<p>Tracy Storms-Mazzucco</p> <p>Support: Catherine</p>	<p>County Health Improvement Plan: Progress Reports and Q&A</p> <ul style="list-style-type: none">• Obesity Reporting: Tracy from Sussex County Division of Health & Deb Fisher, Wantage School Program is still continuing to move forward. Rutgers University will be working with the group to roll-out full project to schools and continue to make it sustainable in the future. Survey has been created for the School Superintendents/ Principals to determine needs of the schools and status of Wellness Committees/Policies. Meeting with the Superintendent Roundtables in September to gain support for the project.• Mental Health Reporting: Cindy Armstrong, Sussex County Director of Mental Health On May 3, 2018, the Sussex County Mental Health Task Force held the first forum for the Campaign to Change Direction with representatives of the community. They have also distributed 3000 bookmarks to graduating classes. They will be working with the libraries to conduct “Coffee House Meetings” for high school students to have a safe place to talk about mental health issues.• Access to Care Reporting: Carol DeGraw, United Way of Northern New Jersey Workgroup is reorganizing and has a new	
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		<p>lead, Nickolas Kapetanakis</p> <ul style="list-style-type: none">• Substance Use Reporting: Tina Aue, Center for Prevention & Counseling Have a master list of physicians to help track opiate use. Continue to assist with educating physicians and have seen a large reduction in the prescribing of pain management medications. Also see changes since the laws have changed. <p>Wise (Wellness Initiative for Senior Education) will be held October in Montague, Hardyston and Franklin to educate older adults about opiates and address pain management issues.</p> <ul style="list-style-type: none">• Transportation Reporting: Christine Florio, Sussex County Dept. of Human Services Transportation survey was previously conducted. September 18, 2018, there will be a Public Transportation Public Forum, in the Performing Arts Center at SCCC starting at 12 pm. Everyone is invited to attend the meeting. Looking for more information from current riders and community. NJ Transit will be attending. If you cannot come that day, send Christine your comments and they will become part of public record. <ul style="list-style-type: none">• Forward, Franklin Reporting: Laura Hawkins, AHS Wellness Expo was held in May and went well. The funders of the grant will be visiting on July 24, 2018 to review the progress and	
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<p>1:20p – 1:40p</p>		<p>talk about sustainability. There will also an emphasis on the database that SCDOH has been working on for the project. A family game night will be held, in collaboration with the recreation department, as well as, the Youth and Adult Affinity groups. The Franklin Pond has opened back up and FFA has played a role in that event, as it was determined by the “One Wish Survey” that was conducted to Franklin residents. 100 people completed the CVS. A communications firm was hired through grant funding to find a slogan for Franklin. They are asking people how they feel about Franklin and their community. They are finding there is a divide between the people who are lifetime residents and the younger population who has moved into the area. Finally, there are mini-grants available through the FFA. For more information, contact Laura.</p> <p>County News & Networking</p> <p>Jeri Doherty, SC NAMI NAMI Sussex is rolling out a program to schools to combat stigma, called “Ending the Silence.” They are encouraging the young people to simply say something if they need help or are experiencing difficulties. They need young adult presenters, 18-35, who are successfully living with mental illness.</p> <p>Jodi Miciak, Data Committee There is an opportunity for advocacy on July 25, 2018 in Washington, D.C. Will send out the flyer. Congressional Reception Washington, D.C. July 25, 2018 12:00—4:00pm</p>	
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Dirksen Senate Auditorium (SDG-50)

For more information:

<https://tinyurl.com/NJHillDay18>

Jane Foerster, PSS

Central Intake program has been very busy linking people to services. The Journey bus continues to serve the County's municipalities. There is a "Free Meals" program available to any child in Sussex County. A new NJ Youth Core program will be starting next week. There is a "Back to School" Fair at PSS in August. Project Vacation is available for ages 4-9. Please subscribe to the PSS Newsletter for full program details.

Tina Aue, CFPC

Changing the Face of Addiction walk will be held on August 4, 2018. (See flyer) Next Friday is the 2nd Anniversary CLEAN Event from 8-9:15. WISE Program for older adults starts on Wednesday

Robin Ennis, United Way NNJ

There is a Caregiver's Conference on August 2, 2018 in Warren County, see flyer. There will be a program on Sleep Apnea at Sparta Health and Wellness on September 17, 2018.

Katherine Luther, Housing Partnership

Have a 1st time Homebuyer Program available and other programs for clients. Please share her contact information.

Laura Hawkins, AHS – Newton and Hackettstown Medical Centers

New Vitality flyer on the table.

Diane Friedberg, Senior Services

Senior Day at the fair will be held on August 9, 2018.

<p>1:40 p</p> <p>1:45p – 2:00 p</p>		<p>Bike Night will be held at the Chatter Box in August. The Veterans’ Picnic will be held on August 25, 2018. Healthy Living Festival will be held on September 21, 2018. RFPs for services to provide home delivered meals are being accepted.</p> <p>Michele Verones, SCPHN The health department has a new grant, called “Healthy Homes, Lead Free” and will have a display at the fair with information. Tuesday PHN will provide “Animal Safety” at Children’s Day and “Hydration, Water Does a Body Good” at Senior Day.</p> <p>Ellen Phelps, SCPHN Flu program through the health department has been settled and flyers will go out after the fair has ended.</p> <p>Leigh Kramer, AHS-NMC There is now a podiatrist at the clinic (see calendar). She will also be providing monthly lectures on nutrition at the food pantries.</p> <p>Christine Paruda, LocalShare.org The organization is in their 6th year and serve over 80 programs. Need volunteers to keep up the work. Is able to assist with creating farmers markets, possibly could assist with one in Franklin.</p> <p>Closing: Next Meeting October, date TBD</p> <p>Workgroup Breakout Session</p>	
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Note Takers: Tracy Storms- Mazzuco, Sussex County Division of Health