



### Minutes for Morris County Committee NJHC

Tuesday, July 19, 2022

Meeting was brought to order by Sarah Rubinstein at 10:03am with 32 participants attending.  
Forum – Zoom

#### **Attendees:**

Laura O'Reilly- Stanzilis, Daniel Wikstrom, Da-sha Warren, Sherri Cognetti, Katie Bisaha, Jennifer Carpinteri, Michelle Olk, Leslie Bivins, Nicole Katula, Mikaela Kestler, Nancy Rudgers, Laurie Parsons, Stacey Toolan, Laura Cerutti, Carmela Slivinski, Deborah Day, Elizabeth Zalme, Mary Beth Kane, Kristine Wilsusen, Carmen Fiallos, Helen Giles, Maria Ross, Imge Uludogan, Victoria Buhl, Denise Lanza, Tina Mereos, Katy Galton, Ann Marie Peterson, Mary Ellen Zung, Michaela Novo.

#### **Notes:**

**Sarah Rubinstein:** Welcome and introductions. Introduces Laura O'Reilly-Stanzilis, of NJHC, and Da-sha Warren, of The Partnership for Maternal & Child Health of Northern New Jersey.

**Laura O'Reilly-Stanzilis,:** Executive Director of The North Jersey Health Collaborative

- The NJHC has pledged to include people with disabilities in all of our public health efforts.
- CEUs will be offered for CHES, Registered Dietitians, Social Workers, and Public Health. Public Health nurses are encouraged to attend, though nursing CEUs will not be offered.
  - Brochure can be found on the NJHealthMatters webpage  
[NJHC Symposium Brochure 1](#)
  - The YMCA State Alliance has become a Health Equity Partner of the North Jersey Health Collaborative.
- Update and outline of the Morris County 2022 Community Health Improvement Plan (CHIP)
  - The Community Health Needs Assessment (CHNA) was the basis of the CHIP.
    - Topics are Chronic Disease and Cancer, Mental Health and Substance Misuse, Maternal and Child Health, Healthy Aging, and COVID-19 Testing and Vaccinations.
  - The CHIP, as well as the NJHC, is based off of the Collective Impact Model.
  - The second survey that was sent out asks about *specific* interventions organizations offer.
  - Focus on Health Equity and Social Determinants of Health
  - Please share CHIP surveys with partner organizations

**Da-sha Warren: The Partnership for Maternal & Child Health of Northern New Jersey, Prematurity Prevention Intervention**

- Reduce racial maternal and child health disparity
  - Black women are 3-4x more likely to die from preventable complications than their counterparts in New Jersey
  - Share educational ways to reduce stress, make lifestyle changes, and ways they can reduce substance use and smoking to reduce their risk factors for premature birth.

- Eliminating racial disparities through community and education programs to medical facilities, faith-based organizations, fraternities and sororities, and other community organizations.
- Hosts Wellness Wednesdays to provide education and health resources regarding maternal/child health.
- Provides NICU kits to hospitals.
- Confidential “Maternal Experience Survey” on all birthing experiences (positive, negative; livebirth, stillbirth, termination, miscarriage), for a \$15 e-gift
  - Individuals can also sign up to receive results

[Linktree](#)

[Webpage](#)

[Da-sha’s Email](#)

### **Needs and Leads**

Katie Bisaha, New Jersey Health Care Quality Institute: Mayor’s Wellness Campaign will be hosting a webinar on Social Determinants of Health and two toolkits on land use planning and health improvement. A fellow, Dr. Peppin will be talking through these toolkits.

Mary Ellen Zung, Health Coach: Advisory board member of the Wellness Committee of the Morris County Chamber of Commerce. The Wellness committee hosts monthly hikes, please join if you are interested!

### **Chat:**

Daniel Wikstrom, The North Jersey Health Collaborative

NJHC Website: <https://www.njhealthmatters.org/>

Symposium Brochure:

[https://www.njhealthmatters.org/content/sites/njhc/resource\\_library/NJHC\\_Symposium\\_Brochure\\_1.pdf](https://www.njhealthmatters.org/content/sites/njhc/resource_library/NJHC_Symposium_Brochure_1.pdf)

Da-sha Warren, The Partnership for Maternal & Child Health of Northern New Jersey

<https://linktr.ee/njpreterm>

<https://www.njpreterm.org/mes>

[dwarren@pmch.org](mailto:dwarren@pmch.org)

Sarah Rubinstein, Atlantic Health System

[sarah.rubinstein@atlantichhealth.org](mailto:sarah.rubinstein@atlantichhealth.org)

Katie Bisaha, New Jersey Health Care Quality Institute

[https://us02web.zoom.us/webinar/register/WN\\_TnHGDxdhQ6Ox-12py01rIA](https://us02web.zoom.us/webinar/register/WN_TnHGDxdhQ6Ox-12py01rIA)

[kbisaha@njhcqi.org](mailto:kbisaha@njhcqi.org)

Mary Ellen Zung, Holistic Health Coach

[me@maryellenzung.com](mailto:me@maryellenzung.com) 973-617-6742 would love to have a 1-2-1 if we don't know each other. I'm a health coach, I work in areas of nutrition, mental health, health education, and some call me the sugar coach!

Michaela Novo, Atlantic Health System

I did not get to introduce myself- I logged on a bit late but my name is Michaela Novo and I am a Community Health Analyst in Planning and System Development at Atlantic Health System, was great to hear from everyone today!!

Laurie Parsons, Sexual Health Center

We've recently expanded our services from just HIV and HCV rapid testing to full STI testing. As a part of this expansion, we have updated our name from the Family Health Center to the Sexual Health Center.



**TAKE THE MATERNAL EXPERIENCE SURVEY**

**SHARE.**

**BE HEARD.**

**EXPECT CHANGE.**

Presented by: NJ NAACP Black Infant and Maternal Mortality Taskforce  
Complete the Maternal Experiences Survey to help improve care and reduce injustices for Black birthing people. Your experience will help to produce change and better outcomes in New Jersey.

**IF YOU'VE HAD ONE OF THE FOLLOWING:**

- Live birth
- Still birth
- Miscarriage
- Termination

Share your experience and receive a special gift.  
**\*While Supplies Last\***

Scan the QR code to participate or visit:  
[njpreterm.org/mes](http://njpreterm.org/mes)

If you have questions about the survey, contact Christine Ivery at [civery@fhiworks.org](mailto:civery@fhiworks.org) or 609-206-8206.

