

SESSION 2: MANAGING C-MORBID HEALTH IMPLICATIONS FOR PEOPLE WITH DISABILITIES AND THEIR CAREGIVERS

ABOUT THE SESSION



Dr. Adeola Sonaïke is Senior Vice President of Health & Innovation at The Family Resource Network. Her responsibilities include overseeing the network's public health initiatives and population health services. In this session, Dr. Sonaïke highlighted the earlier ages that coordinated care and services are needed by people with disabilities. Resources for care coordination that are tailored to individual needs include specialized information & referral services, health care navigation, employment development, guidance & engagement, affordable mental health services along with healthy access to food and nutrition education.



SESSION RESOURCES

1.) -Check out the health and wellness resources offered by The Family Resource Network:

www.disabilitywebinar.org

2.) - To free virtual/in-person nutrition education for groups, reach out to the NJ SNAP-Education program:

<https://www.njsnap-ed.gov/humanservices/dfd/programs/njsnap/njsnap-ed/class/>

3.) - Learn more about the ScreenNJ program to be linked to 1:1 patient navigation and low-cost/free cancer screenings at:

www.screennj.org

4.) - Learn more about the New Jersey Work Incentive Support at:

www.njwins.org