

'17

ANNUAL REPORT 2017



North Jersey Health Collaborative

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FROM THE NJHC PRESIDENT



Two-thousand-seventeen was a year of excitement and growth for the North Jersey Health Collaborative (NJHC). With more than 150 partner organizations, across five counties, we are building a more efficient and powerful approach to creating healthier communities.

As a recipient of a prestigious BUILD Health Challenge award, “Forward, Franklin” will take our work to new levels, putting the local community front and center for this community revitalization project. Morristown United, another grant funded initiative with a geographic focus, is targeting increasing the affordable housing stock and improving the built environment, connecting residents and building a stronger community. In response, the Robert Wood Johnson Foundation recently highlighted the NJHC as a “home-grown” pioneer, creating innovative community-led solutions for enhancing community health.

Our successes are attributed to our partners who dedicate their time and resources, participate in a workgroup, a regional or county committee, or serve on our NJHC Leadership Team. Workgroup leads and partners are forging new relationships and partnering in ways never considered before. Our funding partners provide not only shared leadership, but also commit financial support that is critical for the continued work of the NJHC.

We look forward to another year of engaging new partners, gaining more experience in tackling the root causes of disease, and creating greater opportunities for health in all of our communities.

Sincerely,

Arlene



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OUR STORY

“Coming together is a beginning; keeping together is progress; working together is success.”

This Henry Ford quote comes to life through the work of the North Jersey Health Collaborative (NJHC). In 2013, the NJHC was established as a self-governed 501(c)(3) with the goal of creating healthier communities in northern New Jersey. Facilitating collaboration between health care, public health, social services, education, public officials, business, and community stakeholders, the NJHC supports the development of shared county-wide community health needs assessments and health improvement plans. Together we are striving to make our communities among the healthiest in the nation. With more than 100 organizational partners and 20 funding partners in Morris, Passaic, Sussex, Union, and Warren counties, NJHC partners have united efforts around shared goals and strategies, leading to successes that would not be possible working alone.

Why Bring People Together?

Our goal is to establish a more coordinated, multi-sector approach to target the drivers of poor health and eliminate health disparities. Forming new alliances allows us to combine expertise and resources for systems level change such as; promoting access to healthy foods, physical activity and recreation; chronic disease prevention; access to care and mental health services, drug free communities; family caregiver support; community revitalization, and affordable and healthy housing. Working across sectors, NJHC partners are seeking innovative and bold interventions to create communities where opportunities for health and well-being are available for all people.

Early Success

The NJHC's first major milestone was the launch of the [NJHealthMatters website](#). This site is the central information hub of the Collaborative and home to more than 150 data indicators from national, state, and local data sources. It also houses our county-wide assessment reports, health improvement plans, performance metrics, and an extensive resource library for public use. As a data-driven organization, NJHC partners are continuously collecting and submitting data- statistics, surveys, stories - to inform our work and create actionable strategies for improvement.

Looking Ahead

From inception, the NJHC was aware that the collaborative process must be fluid in order to respond to the changing needs of the community, partner organizations, and the constantly evolving health care landscape. One thing the NJHC knows for sure is that multi-sector collaboration, authentic community engagement, and community-led solutions are critical for long term success. As the NJHC works toward its mission of *building capacity to improve community health* it continually strives to represent a best practice model for creating *healthy communities – healthy people*.



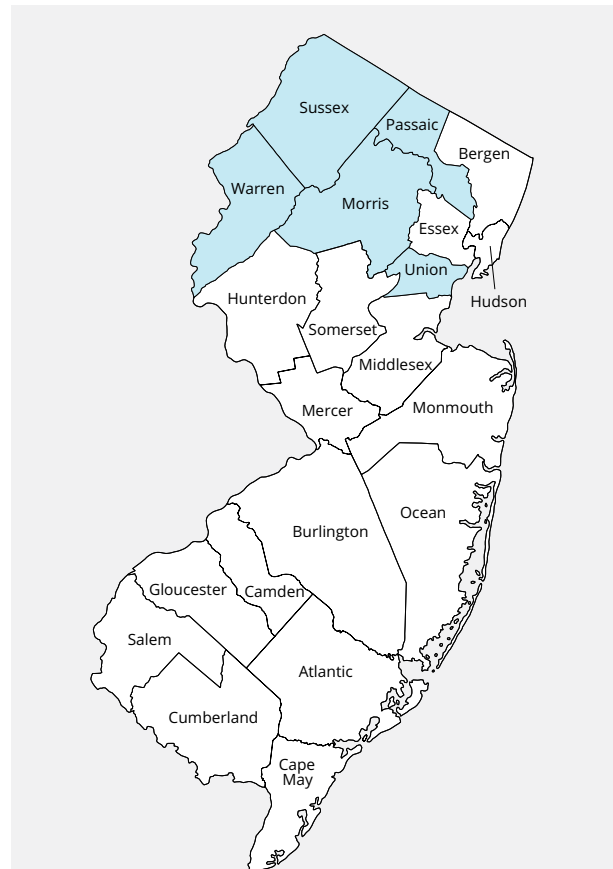
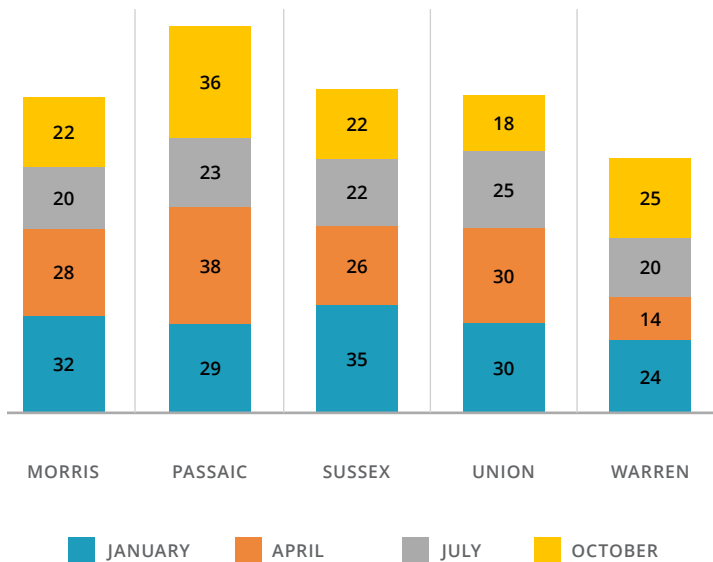
OUR MISSION

Building capacity to improve community health



With more than 150 organizational partners, 5 county committees, and 20 workgroups, the NJHC is committed to working together across sectors to assess, plan, create and implement strategies and actions to create *healthy communities – healthy people*.

County Committee Meeting Attendance

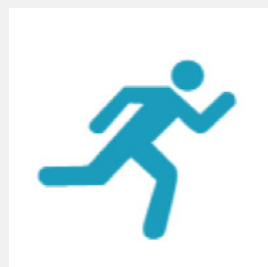
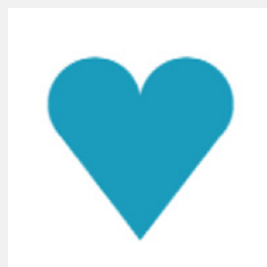
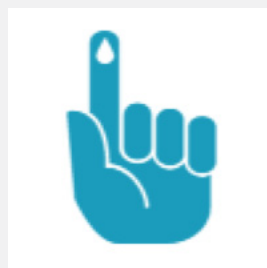
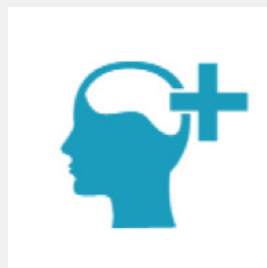




FIRST SHARED COMMUNITY HEALTH IMPROVEMENT PLANS

Workgroups are addressing

- Health equity
- Access to health care and mental health
- Prevention and management of chronic diseases - obesity, diabetes, heart disease, hypertension
- Healthy eating and active living
- Substance use prevention & education to promote drug free living
- Transportation
- Caregiver health and support
- Interpersonal violence
- Healthy & affordable housing
- Community revitalization





MEASURING OUR COLLECTIVE IMPACT

Long term Indicators. Years of Potential Life Lost (YPLL) and Disparities in Life Expectancy at Birth, are broad county level indicators that allow NJHC to track progress on community health improvement through a long-term lens. The measure of YPLL gives us a glimpse into the overall health of the county, while the disparities indicator ensures that gaps in health are noted. In addition to these long-term indicators of the health status of our community, workgroups have selected indicators to track progress on their specific topic or issue.

To track our progress on a quarterly and annual basis, NJHC is using a results based accountability framework, which asks three basic questions.

Real Time Metrics:

- How much did we do?
- How well did we do it?
- Is anyone better off?



You can find progress measures for all the workgroups on each of the county health improvement plans on our website, www.njhealthmatters.org.





COLLECTIVE OUTCOMES SNAPSHOT



Substance Use workgroups in Sussex and Morris counties are addressing the opioid crisis by educating the professional and general community, and partnering with local public officials and law enforcement. Professional conferences, Narcan training, door to door campaigns, and drop boxes for unused prescriptions are just a few of the many strategies underway.



Sussex County established a mental health task force and is supporting the Change Direction Campaign to reduce stigma associated with mental health. The Morris County Workgroup is working with other county partners to promote stigma free campaigns throughout the county and offered first responder mental health awareness training programs.



Passaic County Diabetes workgroup developed a tool to assist physician practices to refer patients with diabetes to appropriate education as well as groups that provide assistance with diabetes medications and supplies. The resource and referral card is a way to improve access to much needed care to combat the growing epidemic of diabetes.



Sussex Obesity Workgroup collected BMI data from Sussex County schools. Workgroup members will be presenting the data analysis to the schools, and providing toolkits for establishing a school wellness committee and school wellness policy, with the goal of improving nutrition and physical activity in the schools.



Morris County Obesity workgroup offered programs and resources to 5 preschools, including 240 preschoolers, as part of their effort to improve physical activity and nutritional intake in children in low-income communities. The Union County Obesity workgroup is starting even earlier, taking steps to increase access to healthy foods for pregnant women and children in the first year of life.



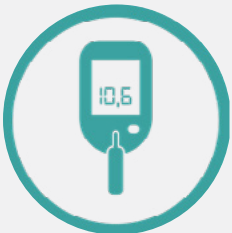
COLLECTIVE OUTCOMES SNAPSHOT



Sussex County and Passaic County Access to Care workgroups developed, administered and collected surveys to learn more about the barriers to care in in their county. This data will help inform strategies and actions.



Caregiver Health workgroup established a caregivers advisory council of more than 25 stakeholders and launched the Passaic County Caregiver Coalition for family caregivers, which meets monthly.



Union County Diabetes workgroup held education programs/screenings in three communities with identified high prevalence of diabetes and significant health disparities.



Warren County established a cross sector group of organizations, including two health care systems within Warren County to address barriers to primary care and mental health services.



Union County Mental Health workgroup aided the distribution of mental health resources. More than 6,000 materials distributed in 2017 to locations within the community, including local public libraries.



MORRISTOWN UNITED FOR HEALTHY LIVING



The [Morristown United for Healthy Living Coalition](#) working to address housing, the built environment, and financial inequity in census tract 435 of Morristown. Strategies include education, outreach and relationship-building; policy change and advocacy; improvements to the physical environment; and justice in enforcing existing protections (learn more [HERE](#)) .

Morristown United Impact to date:

- \$40,000 leveraged for improvements to housing/built environment
- \$1,500 invested in trainings (Tenants Rights; Good Neighbor Trainings)
- 1,500+ resources distributed to community members
- Ongoing representation at Town Council, Morris County Housing Alliance, and other relevant meetings.
- Hosted 5 community events and 2 resident focus groups.
- \$20,000 in additional funding secured via the NJ Healthy Communities Network - Community Grants Program



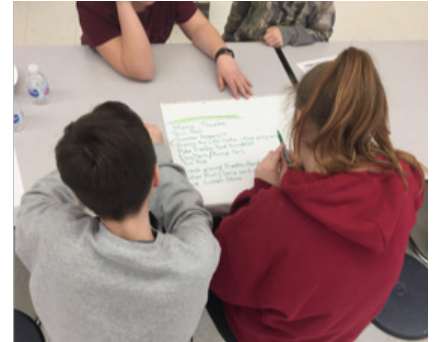


FORWARD, FRANKLIN

Once the thriving “Fluorescent Mineral Capital of the World,” Franklin Borough, NJ faces some economic and health disparities compared to the rest of Sussex County. Like other small rural communities throughout the U.S., limited opportunities for employment, insufficient wages, transportation, housing, and high incidence of chronic health issues are some of the factors contributing to these disparities.

The Forward, Franklin initiative – with support from the BUILD Health Challenge – puts the community front and center in creating a healthier place to live. The first step was establishing an alliance of residents and community organizational stakeholders (the Forward Franklin Alliance). Sharing data via a new neighborhood database will allow residents to participate in informed decision making re: local resource allocation and policies. The mission of this community revitalization project is building community to inspire health and well-being for all residents of Franklin.

One of 19 awardees across the nation, representatives of the Steering Committee attended the BUILD Health Convening in Washington, DC in September. Pictured below, members of the organizational stakeholder affinity group and youth affinity group. Follow our work [here](#).





MORRIS COUNTY DIABETES CHW INTERVENTION PILOT

Diabetes is a leading cause of death and disability in NJ. In Morris County, 7.9% of adults (20+ yrs) have been diagnosed with diabetes, and 8.1% have been diagnosed with pre-diabetes (CDC, 2013). The prevalence is even higher in the Medicare population with 26.3% of Medicare beneficiaries having been treated for diabetes (CMS, 2015).

This pilot intervention program will bring education, connection to clinical services and socio-economic resources, peer support and navigation and coaching support from a certified, bilingual community health worker. To be eligible to participate in this six month intervention program, adults must be diabetic or pre-diabetic and reside in Morris County.

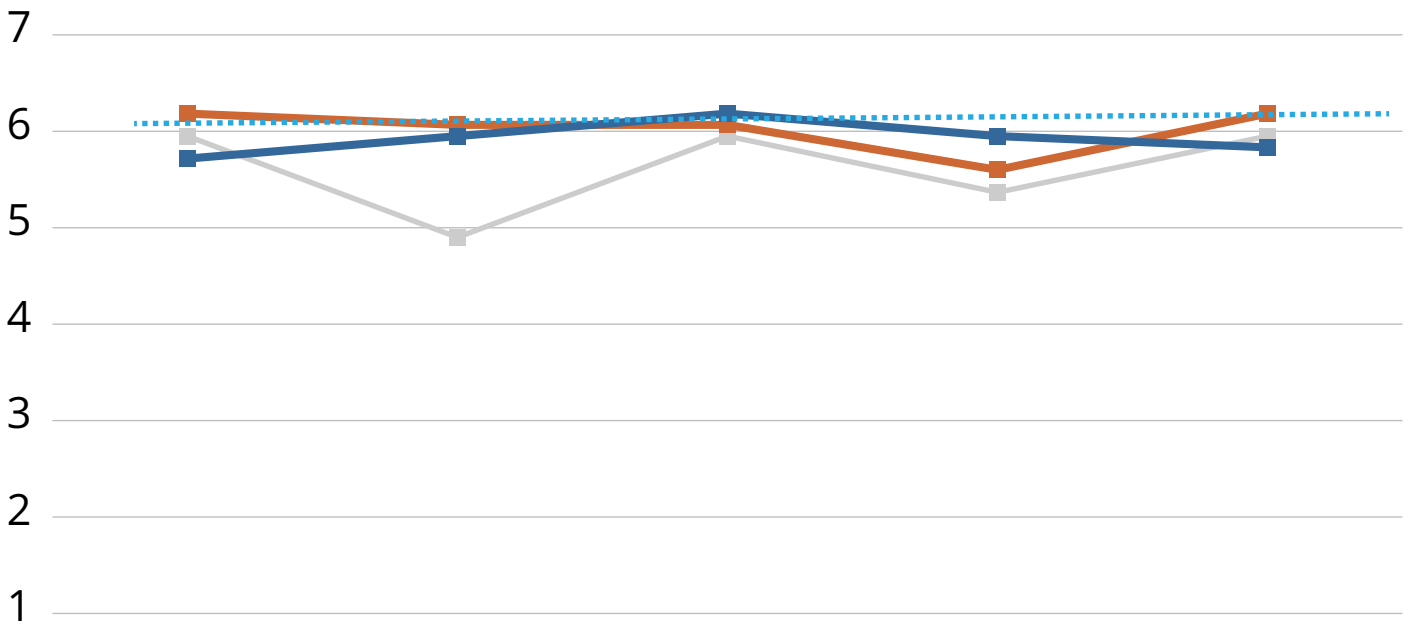
Michelle Blanchfield, Director of Special Populations at Zufall Health is providing supervision for this pilot. "We are thrilled to appoint Kristian Galindo, as the CHW for this project. We look forward to participating in this program and working with the NJHC Morris County Diabetes/Cardiovascular workgroup to help residents of Morris County prevent progression and seek proper care and treatment of diabetes."





ASSESSING OUR IMPACT

As part of our on-going assessment of our collective work, the NJHC conducts quarterly partner surveys. The surveys demonstrate that partners find value in participating in the NJHC and our workgroups.



	2016 Q4	2017 Q1	2017 Q2	2017 Q3	2017 Q4
— NJHC Value	5.90	6.1	6.3	6.1	6
— Workgroup Value	6.3	6.2	6.2	5.8	6.3
— Workgroup Capacity	6.1	5.2	6.1	5.6	6.1

Workgroup Lead interviews were conducted summer of 2017 to gain feedback on the implementation process of our first county-specific community health improvement plans. In response, NJHC has established a Process Implementation Committee to provide guidance and support to our workgroups including leadership training, and identifying best practices.



ASSESSING OUR IMPACT

Partners elaborate on what functions of the NJHC they find the most valuable:

- The workgroups
- Making “key connections” with other agencies and individuals
- Networking and connecting with other professionals to understand how organizations work together
- The data and statistics

How have you leveraged your partnership in the NJHC to advance your organization’s work?

- 15% To apply for external funding
- 15% To meet requirements for a funder or regulatory agency
- 31% Improved programs/services
- 38% Used data collected to inform organization’s strategic planning process





PROFESSIONAL DEVELOPMENT



NJHC offered 5 professional development opportunities in 2017

“A Call to Action to Create a 21st Century Health Infrastructure”

“Confessions of a Successful Grant Writer”

“Collective Impact in the Real World: From Common Vision to Collaborative Evaluation”

“Lets Write a Grant”

“Overview of Cities Changing Diabetes”



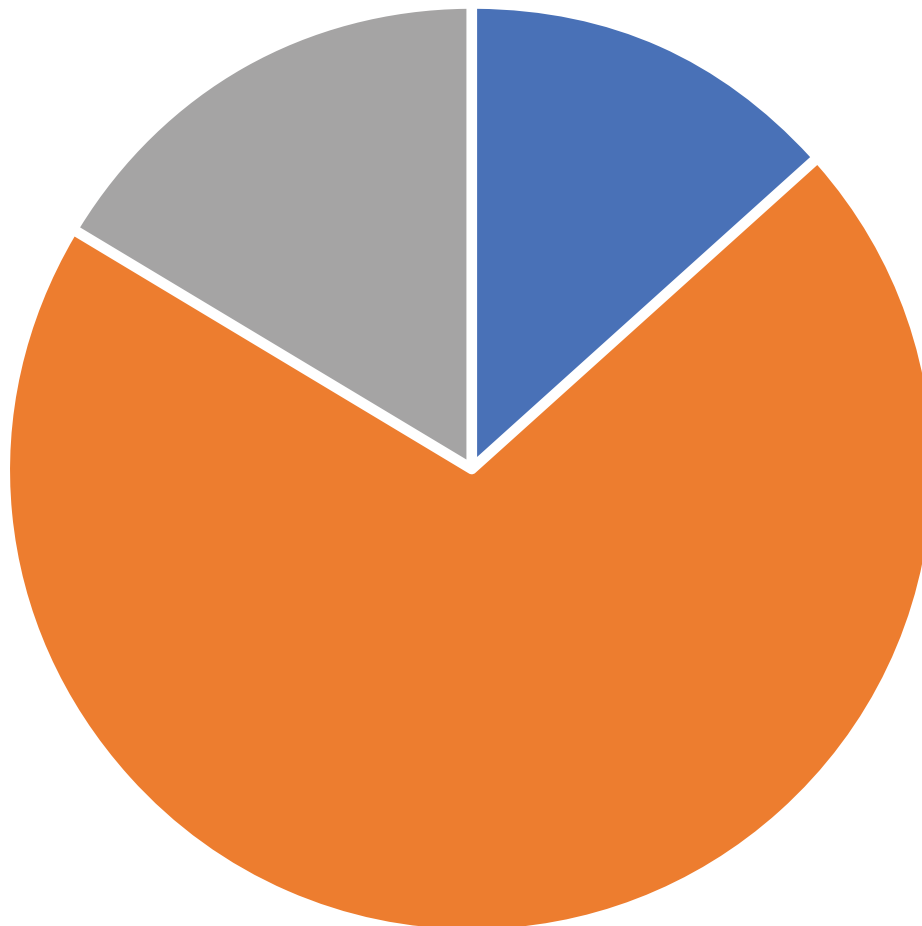


OUR SUPPORTERS

Revenue 2017

Funding Partner Contributions (includes Investors Foundation)	\$ 50,000
Grant Initiatives: BUILD Health Challenge Horizon Foundation RWJF/New Jersey Health Initiatives	\$260,000
Website Fee donated by Atlantic Health System	\$ 60,000

Total: \$370,000



■ Funding Partners ■ Grants ■ Donations

THANK YOU

Thank to all of the NJHC Partners for your many contributions this year. Special appreciation to our 2017 Funding Partners for their leadership and financial support of our collective work.

2017 Funding Partners

Catalyst:

Atlantic Health System
Morris Regional Public Health Partnership

Transformer:

United Way of Northern New Jersey
Montclair State University, Department of Public Health
Morristown Division of Health

Supporter:

Morris County Office of Health Management
Morris County Park Commission
Mount Olive Township Health Department
NJ 2-1-1 Partnership
The Partnership for Maternal & Child Health of Northern New Jersey
Passaic Regional Public Health Partnership
Pequannock Township Health Department
Rockaway Township Health Department
Skylands RSVP of NORWESCAP
Sussex County Department of Health and Human Services, Division of Health
TransOptions
Township of Hanover Health Department
Union County Health Officers Association
United Way of Greater Union County
Warren County Health Department
Wayne Township Health Department
Westfield Regional Health Department

Grantor:

BUILD Health Challenge
Horizon Foundation
Investors Foundation
Robert Wood Johnson Foundation/New Jersey Health Initiatives



OUR LEADERSHIP TEAM: 2017 NJHC BOARD OF TRUSTEES

Arlene Stoller, MPH, CHES

President, NJHC
Morris County Office of Health Mgt

Kiran Gaudio, MA

Vice President, NJHC
United Way of Northern New Jersey

Peter Correale, HO

Treasurer, NJHC
Pequannock Township Health Dept.

Ashley Anglin, PhD

Secretary, NJHC
Atlantic Health System

Melissa Acree

NJ 2-1-1 Partnership

Stephanie Gorman, HO, REHS, MPH

Morris County Office of Health Management
Morristown Division of Health

Megan Avallone, HO

Westfield Regional Health Department

Charlene Gungil, DHSc, HO

County of Passaic Department of Health
Passaic County Public Health Partnership

Daniel Callas

TransOptions, Inc.

Sharon Johnson-Hakim, PhD

Chair, NJHC Data Committee
Atlantic Health System

Carlos Caprioli, MD

The Partnership for Maternal &
Child Health of NNJ

Chris Kirk, PhD

Past President NJHC
Atlantic Health System

Becky Carlson

Co-Chair, NJHC Sussex County Committee
Center for Prevention & Counseling

Denise Lanza

Morris County Park Commission



OUR LEADERSHIP TEAM (CONTINUED)

Michael Ferguson

Skylands RSVP of NORWESCAP

James R. McDonald, MS

County of Sussex
Department of Health and Human Services
Division of Health

Christine Florio

Co-Chair, NJHC Sussex County
County of Sussex, Department of Health &
Human Services

Peter N. Tabbot, MPH, HO

Rockaway Township Division of Health

Atif Nazir, DVN, MS, CMS

Union County Health Officers Association
City of Plainfield Health Department

Steve Tyburski

Chair, NJHC Passaic County Community
Health Coalition
Home Instead Senior Care: Passaic & Morris
Information Network on Aging

Mary Ann Orapello, HO

Wayne Township Health Department

Juanita Vargas

Chair, NJHC Union County Committee
United Way of Greater Union County

Dena Quinones, MPH

Montclair State University - Department of
Public Health

Trevor J. Weigle, HO

Mount Olive Township Health Department

Kathleen Skrobala, RN, BSN, MA, HO

Chair, NJHC Morris County Committee
Morris Regional Public Health Partnership

Kathryn Whitehead, BSN, RN

Township of Hanover Health Department

Peter B. Summers, HO

Warren County Department of Health

Management:

Catherine Connelly, D.MH, MA

Manager, North Jersey Health Collaborative
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To learn more about the NJHC or how your organization can participate in the North Jersey Collaborative, visit our website at www.njhealthmatters.org or email info@njhealthmatters.org.

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