North Jersey Health Collaborative health matters



Community Health Improvement Plan

Morris County, New Jersey



2022

Priority Areas for Intervention

The Community Health Improvement Plan (CHIP) is designed to set priorities and coordinate resources to improve community health in Morris County. Using data from the 2021 Community Health Needs Assessments (CHNA), **chronic disease, mental health and substance use, healthy aging, and maternal child health** were identified as priority areas for intervention. This document outlines the priority areas for public health intervention, as well as our community health partners' activities that improve these priority areas. The North Jersey Health Collaborative will be tracking the progress of our community partners in executing the CHIP on the Morris County Progress Tracker page of the NJHealthMatters website.

This CHIP aligns the missions of organizations across sectors, who, through their programs and services have an impact on the health and wellbeing of their stakeholders and community members. Through education, social support, access to preventive care, screenings and resources, the North Jersey Health Collaborative brings agencies and care partners together to build a strong network. We demonstrate our collective impact using our <u>County Progress Trackers</u> on the <u>NJHealthMatters</u> website.

Bridging the Health Equity Gap

Local and County offices of public health have a core set of responsibilities that include assuring an adequate local public health infrastructure, promoting healthy communities and healthy behaviors, preventing the spread of communicable disease, protecting against environmental health hazards, and preparing for and responding to emergencies. In order to effectively promote healthy communities - with the goal of creating health equity, public health needs the support of community agencies and social and human services programs. Community CHIP partners provide information, education, and interventions to individuals and communities, such as education, preventive activities, healthy lifestyle activities, referrals, and social and human services. Our ongoing process includes continually adding new partners and their programs, and an evaluation process where each organization will report on Outputs and Outcomes that will be added to the Progress Tracker on the <u>NJHealthMatters</u> website. This plan demonstrates how partnerships between community agencies and local offices of public health may bridge the gap in health equity by addressing the social determinants of health that have an impact on health outcomes.

78 organizations are performing 528 interventions as detailed below.

Local public health partners who contributed to this CHIP include the members of the Morris Regional Public Health Partnership.

Category	Interventions	Partner Organizations' Programs and Services
Chronic Disease	Blood pressure screenings	Atlantic Health System- MMC Community Health: Blood pressure screenings. Bernards Township Health Dept.: VNA Blood pressure screenings and education. Lakeland Hills Family YMCA: Blood pressure screenings. Lincoln Park Health Department: Blood pressure screenings and discuss medical conditions with individuals Netcong: Blood pressure screenings at borough hall clinics Morris County Division of Public Health: Blood pressure screenings. Morris Township Health Department: Blood pressure screenings. Morris Township Health Department: Blood pressure screenings. Morristown Division of Public Health: Blood pressure screenings. Mount Arlington Borough: Blood Pressure screenings at Senior Meetings. Mount Arlington Borough: Blood Pressure screenings at Senior Meetings. Mount Olive Health Department: Blood pressure screenings at Senior Meetings and at office visits. Pequannock Health Department: Blood pressure screenings. Randolph Township Health Department: Monthly blood pressure screenings. Randolph Township Health Department: Monthly blood pressure screenings. Rockaway Twp Division of Health: Monthly blood pressure screenings. SCDOH/Regional Chronic Disease and Cancer Coalition-Morris & Somerset Counites: Education on prevention and early detection of diseases. Town of Morristown-Senior Services: Blood pressure screenings. Washington Township Health Department: Blood pressure screenings.
	Cancer prevention	Zufall Health: Blood pressure screenings.ScreenNJ: Cancer ScreeningsSomerset and Morris County Regional Chronic Disease Coalition: Outreach and educationBernards Township Health Dept.: Skin cancer clinics.Carol G. Simon Cancer Center: Cancer information for Patients and Families. Cancer education. Topics include Blood Disorders, Brain, Breast, Gastrointestinal and Digestive, Head and Neck, Lung and Thoracic, Melanoma and Skin Cancer, Urologic and Prostate, Women's and Gynecological

 Lincoln Park Health Department: Advertise programs provided by Atlantic Health that address cancer. Morris County Division of Public Health: Education on cancer and chronic disease prevention and screening. Netcong: Male Cancer Blood Screening included PSA check. Female Cancer Screening (Pap, manual breast exam and education) Morris County NICEED Program: Free cancer education and screenings for breast, cervical, prostate, lung, and colorectal cancers for people without insurance, referrals to MMC clinics and Zufall Health. Morris Somerset Regional Chronic Disease Coalition: Community outreach and education on cancer prevention and screenings. Mount Arlington: Male Cancer Blood Screening included PSA check, Female Cancer Screening (Pap, manual breast exam and education) Mount Olive: Male Cancer Blood Screening included PSA check. Female Cancer Screening (Pap, manual breast exam and education) Mount Olive: Male Cancer Blood Screening included PSA check. Female Cancer Screening (Pap, manual breast exam and education) Mount Olive: Male Cancer Blood Screening included PSA check. Female Cancer Screening (Pap, manual breast exam and education) Randolph Township Health Department: Cancer Screenings are offered once a year for Randolph Township and Rockaway Borough, Roxbury Twp and Chester Twp residents Rockaway Twp Division of Health: Annual skin cancer screenings in all communities, Promote NUCEED/Cancer Screenings in all communities Norwescap: Health Connections (formerly CEED) program provides referrals and services to individuals experiencing cancer and other chronic diseases. It also provides mobile mammograms, health events, and referrals to medical professionals for individuals who are uninsured Randolph YMCA: Health education and screenings. SCDDH/Regional Chronic Disease and Cancer Coalition-Morris & Somerset Counites: Education on prevention and early detection of diseases (HPV and br
Township of Parsippany: Breast Cancer Awareness Month

Chronic disease self-	Alzheimer's Association: Education programs.
management programs	Family Promise Morris County: Prevention support, medication management,
	access to resources, referrals.
	Lakeland Hills Family YMCA: Chronic disease self-management programs.
	Madison Area YMCA: Health and lifestyle education programs for Multiple
	Sclerosis (One Step), Parkinson's (Delay the Disease), Cancer (Livestrong at the
	YMCA), and arthritis.
	Madison Health Department: Chronic Disease Self-Management Program
	(CDSMP) is a workshop for adults with at least one chronic health condition, which
	may include arthritis. It focuses on disease management skills including decision
	making, problem-solving, and action planning.
	Morris County Division of Public Health: Chronic disease self-management
	programs.
	Morris Somerset Regional Chronic Disease Coalition: Education on prevention and
	early detection of diseases.; Cancer Thriving and Surviving, an evidence-based 6-
	week workshop for cancer patients, survivors, and their caregivers.
	Norwescap: Chronic disease self-management programs, i.e., Take Control of Your
	Health Healthy Bones Move Today.
	Norwescap RSVP: Chronic disease self-management programs.
	Office on Aging, Disabilities, and Community Programming: <i>Chronic disease self-management programs</i> .
	Randolph Township Health Department: Chronic disease self-management
	programs; i.e., Take Control of Your Health (6 week program).
	Township of Parsippany: Chronic disease self-management programs.
	Visiting Nurse Association of Northern New Jersey: Chronic disease self-
	management programs.
	Washington Township Health Department: Chronic disease self-management
	programs.
	Zufall Health: Chronic disease self-management programs.
	Atlantic Health System – Community Health at MMC: Cholesterol and Glucose
	Screenings; Virtual and In-Person Health Education Presentations on disease self- management topics

Community-based	Alzheimer's Association: Mayors Wellness Campaign (NJHCQI). YMCA.
Wellness	Child & Family Resources: YMCA.
	Grow it Green: Farm-based health, nutrition and environmental education for
	children and adults
	Atlantic Health System: Community-based wellness programs
	Cornerstone Family Programs: Mayors Wellness Campaign (NJHCQI).
	Lakeland Hills Family YMCA: YMCA.
	Lincoln Park Health Department: Mayors Wellness Campaign (NJHCQI).
	Morris County Division of Public Health: Cancer and chronic diseases education at
	health fairs, farmers markets, etc.
	Morris Township Health Department: Mayors Wellness Campaign (NJHCQI).
	Morristown Division of Health: Mayors Wellness Campaign (NJHCQI).
	Mount Arlington Borough: Mayors Wellness Campaign (NJHCQI).
	Mt. Olive Health Department: Mayors Wellness Campaign (NJHCQI).
	New Jersey Healthcare Quality Institute: Mayors Wellness Campaign (NJHCQI).
	Randolph Township Health Department: YMCA.
	Randolph YMCA: Health education, screenings, physical fitness programming, and
	state funded universal Pre-K program for students residing in Dover.
	Township of Parsippany: Mayors Wellness Campaign (NJHCQI).
	Westfield Regional Health Department: Mayors Wellness Campaign (NJHCQI).
	Atlantic Health System – Community Health at MMC: Community-based and
	virtual educational programs on Preventive Care, Autoimmune Diseases, and
	Cardiac/Stroke disease and related conditions
	Zufall Health: Mayors Wellness Campaign (NJHCQI). Provide oral health services.
Diabetes prevention &	Atlantic Health System: Diabetes prevention & management.
management	Atlantic Health System – Community Health at MMC: Community-based and
	virtual educational programs on Diabetes prevention & management
	Community Health Committee - Morristown Medical Center: Diabetes prevention
	& management.
	Lakeland Hills Family YMCA: Diabetes prevention & management.
	Madison Area YMCA: Diabetes prevention program.
	Mount Olive Township Health Department: Diabetes HbA1c screenings, health
	education.

and ea diseas	tion on prevention arly detection of ses, including nations	Randolph Township Health Department: Diabetes Self Management program(6 week program). Randolph YMCA: Diabetes prevention & management. Lakeland Hills Family YMCA: Diabetes prevention program Washington Township Health Department: SMAC blood tests (at cost), Diabetes prevention & management. Zufall Health: Diabetes prevention & management. Bernards Township Health Dept.: Bone density Child & Family Resources: Education and Referrals. Head Start Community Program of Morris County Inc.: Education and referrals through NJCEED Atlantic Health System. Rockaway Twp Division of Health: Promote or hold vaccination clinics; Quarterly health awareness educational sessions held at local libraries and senior centers and virtually on: safety, Medicare update, medication management, nutrition, advanced care planning and mental health; Observe Health Education awareness months through press releases to community: information on lead, radon, lyme disease, vaccine promotion, infectious/communicable diseases, handwashing, suicide prevention, mental health, substance abuse prevention, maternal/child health, parenting, chronic disease, cancer prevention, nutrition, diabetes and other health topics throughout the year. Nourish NJ: Education. Pequannock Health Department: Provide education. Randolph Township Health Department: Annual CHEM-23 blood screenings, health education and referrals, vaccines (317 funded). SCDDH/Regional Chronic Disease and Cancer Coalition-Morris & Somerset Counites: Cancer: Thriving and Surviving Self-Management Program gives participants the skills to coordinate all the things needed to manage their health, as well as to help them keep active in their lives and relationships. Participants learn new knowledge, acquir St. Elizabeth University: Education. The Family Health Center of Morristown Medical Center: HIV/AIDS and STI testing and treatment, referrals, preventative planning.
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	Zufall Health: Education.
	Atlantic Health System – Community Health at MMC: <i>In-Person and Virtual Health</i>
	, , ,
	Education Presentations on prevention and early detection of disease and illness,
	flu vaccines for underserved/under-resourced community members
Increase access to	Alzheimer's Association: Care and support services.
healthcare	Avenues in Motion (Formerly TransOptions): Transportation services. Providing
	support to County Department of Human Services in pilot program to coordinate rides
	Atlantic Behavioral Health/Atlantic Health System: Crisis intervention, inpatient
	mental health services, outpatient mental health and substance misuse services, and community behavioral health educational programming.
	Atlantic Health System – Community Health at MMC: In-Person and Virtual
	Health Education Presentations on Navigating the Healthcare System topics
	Carol G. Simon Cancer Center: <i>RealART Real-Time Treatment Planning</i>
	Child & Family Resources: <i>Provide young children health education to parents and</i>
	child care providers. Referalls to the Morris County services.
	Rockaway Twp Division of Health: Annual blood screenings
	Cornerstone Family Programs: Operation Sisterhood, the only program in NJ for
	female veterans by female veterans designed to improve the health and well-
	being of our female service members through outreach to identify new veterans,
	resource connection, education programming, advocacy
	DAWN Center for Independent Living: Advocacy, care management and referrals
	for individuals with disabilities and chronic illnesses.
	Family Promise Morris County: <i>Referrals to Zufall Health, Atlantic Health, St.</i>
	Clare's, access to resources referrals.
	Head Start Community Program of Morris County Inc.: Referrals through NJCEED
	Atlantic Health System.
	Lincoln Park Health Department: <i>Home visits for homebound at-risk seniors.</i>
	Mental Health Association: Referrals and linkage to medical care. Provides
	transportation appointments. Provide a health home with nurses and staff who
	hold monthly educational groups for consumers served.
	Montville Township: Community health promotion programs
	Morris County Council for Young Children Norwescap Program

Morris County Division of Public Health: Provide health education/materials to our
residents on all chronic disease and cancers.
Morris Somerset Regional Chronic Disease Coalition: <i>Referrals to NJCEED</i>
program.
Morris Township Health Department: <i>Referrals to Zufall Health for</i>
un/underinsured, SMAC (adult blood) clinic
Morristown Division of Health: Referrals to Atlantic Health.
Mt. Olive Township Health Department: Blood pressure screenings, PSA blood
screenings, diabetes HbA1c screenings, female cancer screenings, New Jersey
Department of Aging Medicare plan evaluation.
NewBridge Services: Referrals to Zufall Health.
NJ211: Information and Referral services.
Norwescap RSVP: Evidence-based, peer-led programs
Nourish NJ: Referrals to Zufall Health and/or Atlantic Health, transportation
services.
Pequannock Health Department: Referral to Zufall Health for un/underinsured.
Randolph Township Health Department: Referrals.
Randolph YMCA: Provide seminars, health screenings, and vaccine education.
SCDOH/Regional Chronic Disease and Cancer Coalition-Morris & Summit
Counites: Education on prevention and early detection of diseases.
Senior Living Partners, LLC: Provide referrals to Cancer Services
The Family Health Center of Morristown Medical Center: Referrals for
un/underinsured and insured.
Town of Morristown-Senior Services Programs
Township of Parsippany: Medicare Questions Sessions.
United Way of Northern New Jersey: United Way Caregivers Coalition promotes
knowledge of and action around caregiving issues with the goal of ensuring that
all caregivers identify as such and have access to the resources, services,
education and support that they need to fulfill their role
Visiting Nurse Association of Northern New Jersey: In-home skilled nursing
Washington Township Health Department: Atlantic Health, a health care network
provides a wide array of health care services in New Jersey

	Zufall Health: Treatment of injury and illness, including chronic disease, for patients of all ages. Well visits for babies and children, and women's health services.
Increase physical activity	 Alzheimer's Association: Caregiver support groups. Avenues in Motion (Formerly TransOptions): Provide safe walking and biking education and encouragement programs for schools through our Safe Routes to School program and other groups to increase walking and biking activities Atlantic Health System – Community Health: Virtual Exercise Classes and educational presentations on increasing physical activity Child & Family Resources: Provide young children health education to parents and child care providers. Referalls to the Morris County services. Cornerstone Family Programs: Neighborhood House's Arts & Recreation Enrichment Program is designed to help youth build and improve athletic, artistic and social skills. It also helps parents ensure that their children's time is spent in a constructive manner. Head Start Community Program of Morris County Inc.: Health education programs. Grow it Green: Outdoor physical activity programming (gardening, yoga, barre) Lakeland Hills Family YMCA: Exercise programs Lincoln Park Health Department: Mayor's Wellness Madison Area YMCA: Physical activity programs. Madison Health Department: Newsletter covered the topic of walking and benefits. Morris County Division of Public Health: Provide health education/materials to residents on chronic diseases and cancers. Morris County Park Commission: Plan walking and biking routes. Morris Township Health Department: Community education programs
	Morristown Recreation Programs: <i>Physical activity</i> Norwescap: <i>Health Connections (formerly CEED) program provides referrals and</i> <i>services to individuals experiencing cancer and other chronic diseases. It also</i>

Nutrition/promote healthy eating	provides mobile mammograms, health events, and referrals to medical professionals for individuals who are uninsured Norwescap RSVP: Falls Prevention and Healthy Bones Office on Aging, Disabilities, and Community Programming: Referrals to local hospitals, Atlantic Health, St. Claires, and Zufall. Randolph Township Health Department: Matter of Balance; Project Healthy Bones for balance, strength and flexibility Randolph YMCA: Offer land and aquatic physical activity programs, one-on-one personal training on land and aquatic rehabilitation SCDOH/Regional Chronic Disease and Cancer Coalition-Morris & Somerset Counites: Cancer: Thriving and Surviving Self-Management Program StretchSource: Provide 1-2-1 assisted stretching. Town of Morristown-Senior Services Programs Township of Parsippany: Exercise classes, including, Tai Chi, Yoga, Chair Yoga, Line Dancing, Jazzercise, and Senior Fitness Washington Township Health Department: Atlantic Health, a health care network provides a wide array of health care services in New Jersey Westfield Regional Health Department: Senior Programs Zufall Health: Senior Programs Alzheimer's Association: Nutrition sites Atlantic Health System – Community Health at MMC: In-Person and Virtual Health Education Presentations on Nutrition and Healthy Eating Carol G. Simon Cancer Center: Nuitrition al Counseling. Provide instructional materials, support groups, educational sessions Child & Family Resources: Provide young children health education to parents and child care providers. Referalls to the Morris County services Cornerstone Family Programs: Eat Right, Get Fit initiative promotes healthy eating and exercise to help children, teens and adults enrolled in the Morristown Neighborhood House preschool, afterschool and other programs Family Promise Morris County: Nutrition education programs
	Head Start Community Program of Morris County Inc.: <i>Provide health education programs</i>

Interfaith Food Pantry: Provide access to food to clients who come to site
locations and through mobile network
Lakeland Hills Family YMCA: Nutrition education programs
Lincoln Park Health Department: Nutrition education programs
Macculloch Hall Historical Museum: Nutrition education programs
Madison Health Department: Monthly newsletters covered the topic of nutrition
and healthy eating
Montville Township: Nutrition education programs
Morris County Council for Young Children Norwescap: Nutrition education
programs and food pantry
Morris County Park Commission: Hosts community gardens and the children's
Branching Out garden programs to grow healthy organic produce. Offers healthy
eating recipes and gardening.
Morris Township Health Department: Nutrition education programs
Morristown Division of Health: Referral to MMC.
Mt. Olive Health Department: Health education.
Nourish NJ: Share nutritious meals daily. Referrals to nutritionists for individual
care or to Atlantic Health Care System and Zufal health Clinic for medical and
chronic diseases situations.
Nutrition for Longevity: Prescription food boxes and medically tailored meals.
Behavioral Health Coaching, a program to help clients live more fulfilling lives.
Office on Aging, Disabilities, and Community Programming: Referrals to local
hospitals, Atlantic Health, St. Claires, Zufall.
Randolph Township Health Department: Nutrition programs with local Registered
Dietitians (one session).
SCDOH/Regional Chronic Disease and Cancer Coalition-Morris & Somerset
Counites: Cancer: Thriving and Surviving Self-Management Program
St. Elizabeth University: Nutrition counseling sessions for the faculty, staff, and
students of St. Elizabeth University.
Town of Morristown-Senior Services: Nutrition programs
Township of Parsippany: Food Pantry
Westfield Regional Health Department: Nutrition education programs

	Provider education and	Opioid Response Network: Provide training and guidance to individuals and
	training on HIV prevention	organizations to address the opiod and stimulant crisis.
	and harm reduction	Zufall Health: Education and healthcare
Healthy Aging	Caregiver assistance	Alzheimer's Association: Caregiver support groups.
Healthy Aging	services	Atlantic Health System – Community Health at MMC: <i>In-Person and Virtual Health</i>
		Education Presentations about support for Caregivers
		Child & Family Resources: <i>Caregiver assistance services</i> .
		Community Health Committee - Morristown Medical Center: <i>Caregiver assistance</i>
		services.
		Senior Living Partners, LLC.: Referrals to senior living communities, home care
		providers and other senior-living related service providers
		Cornerstone Family Programs/Morristown Neighborhood House: Caregiver
		assistance services.
		Montville Township: Caregiver assistance services.
		Morris County Council for Young Children Norwescap: Caregiver assistance
		services.
		Morris Township Health Department: Caregiver assistance services.
		NewBridge Services: NewBridge@Home counseling for older adults and
		caregivers.
		Norwescap: Caregiver assistance services.
		Norwescap RSVP: Caregiver assistance services.
		Office on Aging, Disabilities, and Community Programming: <i>Caregiver assistance services</i> .
		Randolph Township Health Department: Stress-busting for Caregivers Program (in
		partnership with Norwescap).
		The Olive Group LLC [™] : Caregiver assistance services.
		Town of Morristown-Senior Services: Caregiver assistance services.
		United Way of Northern New Jersey: <i>Caregivers support, access to assistive technology.</i>
		Visiting Nurse Association of Northern New Jersey: Caregiver assistance services.
		Washington Township Health Department: <i>Caregiver assistance services</i> .

Elder	abuse prevention	Alzheimer's Association: Elder abuse prevention
Lider	abuse prevention	Montville Township: <i>Elder abuse prevention</i> .
		Office on Aging, Disabilities, and Community Programming: <i>Elder abuse</i>
		prevention
		The Olive Group LLC [™] : <i>Elder abuse prevention</i>
		Washington Township Health Department: <i>Elder abuse prevention</i>
Evider	nce-based programs	Alzheimer's Association: Senior programs. Consumer education programs are free,
		provided online and in person (available in Spanish, Mandarin and Korean) to help
		individuals living with Alzheimer on warning signs, legal & financial planning.
		Madison Health Department: Wellness Initiative for Senior Education (WISE)
		Program celebrates healthy aging and educates older adults on a variety of topics
		including safe medication use, communicating effectively with healthcare
		providers and strategies for healthy living
		Montville Township: Evidence-based programs
		Norwescap: Health programs, including A Matter of Balance, Healthy Bones,
		several Chronic Disease Self-Management Programs, and Stress Busting courses
		for family caregivers. Companionship space provides volunteer-led programs
		which include friendly visiting, friendl
		Norwescap RSVP: Matter of Balance, Healthy Bones
		Rockaway Twp Division of Health: Take Control of Your Health, Matter of Balance,
		Cancer: Thriving & Surviving, Wellness Initiative Senior Education (WISE).
		Office on Aging, Disabilities, and Community Programming: Morris County Adult
		Protective Services. Morris County Care Management for seniors - assist seniors in
		connecting to services. Morris County Care Management for Caregivers of Seniors-
		assists caregivers in connecting to services. Morris County MAPS- curb
		Prevention is Key: Wellness Initiative for Senior Education (WISE) Program
		celebrates healthy aging and educates older adults on a variety of topics including
		safe medication use, communicating effectively with healthcare providers and
		strategies for healthy living.
		Randolph Township Health Department: Partnership with Norwescap to offer
		evidence-based senior programs (e.g., Project Healthy Bones, Matter of Balance),
		Partnership with Prevention is Key to provide WISE program (Wellness Initiative
		Senior Education)

Medicare	Randolph YMCA: Better Balance; Gentle Yoga; Total Mobility; Tai Chi/Quigong (Land Exercise & Aquatic Exercise). Township of Parsippany: The Parsippany Transit Bus System is free of charge for all Parsippany residents. Two buses run two different routes, starting on the hour at Morris Hills Shopping Center. These buses run throughout the Township. The Transit Buses operate only on weekdays Mt. Olive Township Health Department: New Jersey Department of Aging Medicare plan evaluation. NewBridge Services: Tame the Pain, a medication program that helps older adults understand the risks of prescription opioids and learn alternative pain management options.
Medication management	Acenda Inc.: Medication management. Alzheimer's Association: Medication management. Community Hope Inc.: Medication management. Mental Health Association: Medication management. Office on Aging, Disabilities, and Community Programming: Medication management. Opioid Response Network: Medication management. Randolph Township Health Department: Medication management. Randolph YMCA: Medication management. The Family Health Center of Morristown Medical Center: Medication management. Visiting Nurse Association of Northern New Jersey: Medication management. Zufall Health: Medication management.
Prescription access	Alzheimer's Association: <i>Prescription access</i> . Office on Aging, Disabilities, and Community Programming: <i>Prescription access</i> . Zufall Health: <i>Prescription access</i> .
Referrals	Butler Senior Community: Education, referrals, work with police, EMTS, and PES for elderly and disabled individuals Child & Family Resources: Referrals DAWN Center for Independent Living: Referrals and guidance for individuals with co-occurring disabilities

	Senior Nutrition	 Family Promise Morris County: Referrals to Zufall Health, Atlantic Health, and St. Clare's Lincoln Park Health Department: Referrals to NewBridge Services' Senior Assistance for Independent Living to provide caseworkers Morristown Division of Health: Referrals to Atlantic Health, and to MMC NJ211: Referrals to NJ Division of Aging Services, Morris County Aging, disability and community programming Alzheimer's Association: Meals-on-wheels. Senior nutrition sites. Atlantic Health System – Community Health at MMC: In-Person and Virtual Health Education Presentations on Nutrition for Seniors Bernards Township Health Dept.: nutrition programs Community Health Committee - Morristown Medical Center: Senior nutrition sites. Interfaith Food Pantry Network: Provide access to food for those with need. Mental Health Association: Senior nutrition sites. Montville Township: Meals-on-wheels. Senior nutrition sites. Mourtille Township: Meals-on-wheels. Senior nutrition sites. Mount Olive Health Department: Senior nutrition sites, Meals-on-wheels Nourish NI: Nutritional counseling/ educational information on nutrition, healthy eating, benefits of physical activity and the risks of diabetes, obesity, high cholesterol & blood pressure. Nutrition for Longevity: Prescription food boxes and medically tailored meals, Behavioral Health Coaching. Office on Aging, Disabilities, and Community Programming: Meals-on-wheels. ScDOH/Regional Chronic Disease and Cancer Coalition-Morris & Somerset Counites: Senior nutrition sites. Town of Morristown-Senior Services: Meals-on-wheels. Senior nutrition sites. Town of Parsippany: Meals-on-wheels. Senior nutrition sites. Washington Township Health Department: Meals-on-wheels. Support of Parsippany: Meals-on-wheels. Senior nutrition sites.
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S	Senior programs for	Alzheimer's Association: Care and support services.
	nealth and wellbeing	Arbor Terrace Morris Plains: Health education programs.
		Atlantic Behavioral Health/Atlantic Health System: Crisis intervention, inpatient
		mental health services, outpatient mental health and substance misuse services
		and community behavioral health educational programming.
		Atlantic Health System – Community Health at MMC: Virtual and In-person
		Health Education Presentations on Senior Health and Wellbeing, Senior Safety and
		Falls Prevention, Arthritis, Osteoporosis, and Alzheimer's and Dementia
		Avenues in Motion (Formerly TransOptions): Education on safe walking and
		driving, presentations on retiring from driving and updates on driving laws, AARP
		Smart Driver and CarFit Program.
		Bernards Township Health Dept.: senior citizen home monitoring
		Community Health Committee - Morristown Medical Center: Senior programs.
		Cornerstone Family Programs: Senior programs, such as Adult Day Center and
		Caregiver Initiative, where seniors and caregivers alike balance and maintain
		healthy lives.
		Heath Village Retirement Community: Senior programs.
		Lakeland Hills Family YMCA: Senior programs.
		Lincoln Park Health Department: Summer wellness programs (meditation, yoga, walks, etc.)
		Washington Township Health Department: Wellcheck program (wellness checks)
		Madison Area YMCA: Fitness classes for older adults, One Step for individuals with Multiple Sclerosis, Delay the Disease for individuals with Parkinson's.
		Madison Health Department: Senior programs.
		Morris County Division of Public Health: Senior programs.
		Morris County Park Commission: Senior programs.
		Morris Habitat for Humanity, Inc.: Aging in place programs for seniors with safety
		audits and observation with referral services, ramp rentals, home repair activities,
		addressing lead-based paint and radon concerns in a home.
		Morris Township Health Department: Partnership with recreation department to
		develop senior programs, formation of Senior Citizen Advisory Committee
		Morristown Division of Health: Senior programs. Education to Senior in Town Hall
		done by MMC.
		Mount Arlington Borough: Senior programs.

Mount Olive: Blood Pressure screenings at Senior Meetings and at office visits,
Senior programs.
NewBridge Services: <i>Referrals to Morris County's ADRC, Norwescap, and Hope</i>
House. Senior Assistance for Independent Living (SAIL) program provides at-home
evaluations by a registered nurse. Provides weekly in-home professional
counseling to homebound seniors (age 60 and over
Norwescap: Senior programs, i.e., Healthy Bones Move Today Take Control of
Your Health Friendship at Heart.
Norwescap RSVP: Senior programs.
Office on Aging, Disabilities, and Community Programming: Senior programs.
Pequannock Health Department: Referrals to NewBridge's SAIL Program,
vaccinations (VFC 317 Program).
Prevention is Key: Senior programs.
Randolph YMCA: In-person and online classes and Rock Steady Boxing program
for Parkinson's Disease, One Step Senior social activities, land and aquatic exercise
programs.
SCDOH/Regional Chronic Disease and Cancer Coalition-Morris & Somerset
Counites: Senior programs.
Senior Living Partners, LLC: Senior programs.
St. Elizabeth University: <i>Education.</i>
StretchSource: 1-2-1 assisted stretching.
The Family Health Center of Morristown Medical Center: HIV and STI risk
reduction through education.
Town of Morristown-Senior Services: Senior programs.
Township of Parsippany: Exercise classes, including, Tai Chi, Yoga, Chair Yoga, Line
Dancing, Jazzercise, Grand Dancing, Falun Gong work, Senior Fitness, Healthy
Bones. Golden Age Senior Club. Medicare Questions. Bingo. Lk. Hiawatha
Senior Club. St. Ann's Senior Club. Movie Day.
United Way of Northern New Jersey: Caregivers support and access to assistive
technology.
Visiting Nurse Association of Northern New Jersey: Senior programs.
Westfield Regional Health Department: Senior programs.
Zufall Health: Senior programs.

Social support	Alzheimer's Association: Support services and caregiver support group.
	Atlantic Behavioral Health/Atlantic Health System: <i>Crisis intervention, inpatient</i>
	mental health services, outpatient mental health and substance misuse services;
	Community behavioral health educational programming
	Grow it Green: Gardening, education, and volunteer opportunities for seniors
	Community Health Committee - Morristown Medical Center: Social support
	Cornerstone Family Programs/Morristown Neighborhood House: Social support
	Lincoln Park Health Department: Social support
	Macculloch Hall Historical Museum: Social support
	Madison Health Department: Social support
	Mental Health Association: Social support
	Mount Olive Health Department: Social support
	Neighborhood House: Social support
	New Jersey Healthcare Quality Institute: Social support
	Norwescap: Social support
	Norwescap RSVP: Social support
	Office on Aging, Disabilities, and Community Programming: Social support
	Prevention is Key: Social support
	Randolph Township Health Department: Social support
	SCDOH/Regional Chronic Disease and Cancer Coalition-Morris & Somerset
	Counites: Social support
	The Olive Group LLC™: Social support
	Zufall Health: Social support
Transportation services	Avenues in Motion (Formerly TransOptions): Transportation services. Providing
	support to County Department of Human Services in pilot program to coordinate
	rides
	Lincoln Park Health Department: Transportation services.
	Mental Health Association: Transportation services.
	Morris County Council for Young Children Norwescap: Transportation services.
	Morris County Division of Public Health: Transportation services.
	Morris County Park Commission: Plan walking and biking routes.
	Mount Arlington Borough: Transportation services.
	Mount Olive Health Department: Transportation services.

		 Nourish NJ: Transportation services. Office on Aging, Disabilities, and Community Programming: Transportation services. Randolph Township Health Department: Transportation services. The Family Health Center of Morristown Medical Center: Transportation services. Town of Morristown-Senior Services: Transportation services. Township of Parsippany: Transportation services.
Maternal & Child Health	Health education services (youth pregnancy prevention in schools, childbirth education, nutrition education, smoking cessation)	Atlantic Health System – Community Health at MMC: Virtual and In-person Health Education Presentations on Maternal and Child Health Child & Family Resources: Education and resources. Lincoln Park Health Department: Nutrition education, grants for aeroponic growing towers in schools. Health education. Morris County Division of Public Health: Health education. Mount Olive Health Department: Health education. Pequannock Health Department: Poison prevention, nutrition, and handwashing education for preschoolers. Prevention is Key: Health education. Randolph Township Health Department: Health education programs. SCDOH/Regional Chronic Disease and Cancer Coalition-Morris & Somerset Counites: Health education. The Family Health Center of Morristown Medical Center: Health education. Westfield Regional Health Department: Health education. Zufall Health: Health education.
	Offer prenatal, post- partum, baby, reproductive life planning & women's health services	Lincoln Park Health Department: <i>Monthly CHCs with wellness checks and vaccines.</i> Opioid Response Network: <i>Provide training and guidance to individuals and organizations to address the opiod and stimulant crisis.</i> Pequannock Health Department: <i>CHC well child care and vaccinations for 0-18-year-olds, pre-school vision screenings.</i> Randolph Township Health Department: <i>Child Health Conferences 6 times a year (including nurse practitioner, nursing staff, and immunizations), Lead screenings and referrals.</i>

	Zufall Health: Reproductive life planning, women's health and baby health
	services. Well visits for babies and children, and women's health services.
Other	Child & Family Resources: Referrals.
	Community Health Committee - Morristown Medical Center: Nurture NJ.
	Cornerstone Family Programs/Morristown Neighborhood House: <i>Early childhood assessments, childcare, and education.</i>
	DAWN Center for Independent Living: <i>Referrals to local state authorized practitioners and child health services.</i>
	Family Promise Morris County: <i>Referrals to Planned Parenthood, Zufall Health,</i> <i>Atlantic Health, and St. Clare's.</i>
	Morris Township Health Department: <i>Referrals to Zufall Health for vaccination of children</i> .
	Morristown Division of Health: <i>Referrals to Zufall Health and WIC</i> .
	Mt. Olive Health Department: <i>Child health clinics, Vaccines for Children Program, referrals to Partnership for Maternal and Child Health.</i>
	NewBridge Services: Referrals to Norwescap and Partnership for Maternal and
	Child Health.
	NJ211: Referrals to Partnership for Maternal and Child Health of Northern New Jersey.
	Nourish NJ: Referrals, including to North Porch for diapers.
	Nutrition for Longevity: Prescription food boxes and medically tailored meals,
	Behavioral Health Coaching.
	Pequannock Health Department: <i>Referrals to Zufall Health for additional services.</i>
	Prasada in Home: Partnership with Montclair State University to provide in-home
	mental health services to families with children under the age of five. Behavioral Assistants, Respite and Day Habilitation for kids and individuals.
	The Family Health Center of Morristown Medical Center: <i>Referrals.</i>
	United Way of Northern New Jersey: <i>Early childhood assessments, childcare, and education.</i>
	Washington Township Health Department: <i>Referrals to Zufall Health.</i>
	Zufall Health: Child health clinics, vaccines for children.

	Provider training,	Atlantic Behavioral Health/Atlantic Health System: Provider training.
	especially to inform and	Child & Family Resources: <i>Provider training.</i>
	refer to existing programs	Living Full Life Coaching: Provider training.
		Macculloch Hall Historical Museum: Provider training.
		Mental Health Association: Provider training.
		Morristown Division of Health: Provider training.
		New Jersey Healthcare Quality Institute: <i>Provider training/ Maternity Action Plan</i> (MAP).
		Office on Aging, Disabilities, and Community Programming: <i>Provider training</i> .
		Zufall Health: Provider training.
	State and federal-funded	Child & Family Resources: Subsidized child care assistance.
	MCH programs e.g.,	DAWN Center for Independent Living: Serves as Early Intervention Service
	Project Self-Sufficiency	Coordination Unit for Morris County, assists families based on children's
	NORWESCAP (including	developmental needs.
	Early Head Start,	Head Start Community Program of Morris County Inc.: Early Head Start Program,
	beginning at pregnancy)	education and referrals.
		Norwescap: WIC program and Early Head Start County Council for Young Children program.
Mental	Case	Butler Senior Community: Referrals to Mental Health Association, Newbridge
Health/Substance Use	management/referrals	Supportive Housing, Newbridge Project SAIL, Prevention is Key, MLTSS case
Thealth Substance Ose		managers, homeless solutions, MCOTA.
		Charlie Health: Support families in navigation of contiuum of Care.
		Child & Family Resources: <i>Referrals.</i>
		Community Hope Inc.: Case management.
		Cornerstone Family Programs: Referrals.
		DAWN Center for Independent Living: <i>Referrals and guidance for individuals with</i>
		co-occurring disabilities.
		Family Promise Morris County: Referrals to MHA, Zufall Health, Atlantic Health,
		and St. Clare's, and case management.
		Head Start Community Program of Morris County Inc.: Referrals to Cornerstone
		Family Program, Zufall Health Centers, and Family Intervention.
		Lincoln Park Health Department: Advertise/referrals to programs for mental
		health and substance use.

	 Madison Area YMCA: <i>Referrals.</i> Mary Ellen Zung, Health Coach: <i>Education and advocacy through the People's</i> <i>Picnic Program with the MHA.</i> Mental Health Association: <i>Referrals.</i> Morris Township Health Department: <i>Referrals to CARES or MCPIK, general</i> <i>education.</i> Morristown Division of Health: <i>Referrals to Morris County Social Services.</i> NJ211: <i>Referrals to MHANJ, SAMHSA, Rutgers University Behavioral HealthCare</i> <i>and Support Helplines.</i> Nourish NJ: <i>Case management, and referrals.</i> Pequannock Health Department: <i>Referrals to Zufall Health or St. Clare's</i> <i>Behavioral Health and Crisis Team.</i> Randolph Township Health Department: <i>Referrals to MHA, St. Clare's, Atlantic</i> <i>Behavioral Health, Hope One, Navigating Hope, Caring Contact, and the National</i> <i>Suicide Prevention Lifeline.</i> Senior Living Partners, LLC: <i>Referrals to mental healthcare providers</i> The Family Health Center of Morristown Medical Center: <i>Referrals that meet</i> <i>clients' needs (e.g., proximity, specialization, LGBTQ+ knowledge if applicable).</i> Washington Township Health Department: <i>Atlantic Health, a health care network</i> <i>provides a wide array of health care services in New Jersey.</i>
Counseling and therapy (individual and group support)	Zufall Health: ReferralsAcenda Inc.: Medically assisted treatment to manage substance use disorders.Atlantic Behavioral Health/Atlantic Health System: Crisis intervention, inpatient mental health services, outpatient mental health and substance misuse services, and community behavioral health educational programs.Center for Evaluation and Counseling, Inc.: Individual, couples and family therapy.Community Health Committee - Morristown Medical Center: Counseling and therapy.Charlie Health: Virtual intensive outpatient services for adolescents and young adults struggling with mental health and substance use disorders; Peer supported group therapy; individual therapy; family therapy; psychiatry/medication management. Open support groups for families.Deirdre's House: Counseling and therapy.Family Promise Morris County: Counseling and therapy.

Depression and anxiety screenings	 Madison Area YMCA: No-fee counseling program for children and teens in Madison, Florham Park, Chatham Borough, and Chatham Township; group sessions/workshops on substance use prevention and mental health. Mental Health Association: Counseling and therapy. Morris County Council for Young Children Norwescap: Counseling and therapy. NewBridge Services: Mental health treatment for individuals and groups, all ages. Nourish NJ: Staff social worker for de-escalation and mental health services assistance. Office on Aging, Disabilities, and Community Programming: Counseling and therapy. Tri County Behavioral Care: In-school Mental health counseling; Prvate counseling; Equine assisted therapy; Family therapy. Prasada In Home: Home counseling, behaviors support, and parent coaching. Prevention is Key: Counseling and therapy. The Family Health Center of Morristown Medical Center: Counseling and therapy. Visiting Nurse Association of Northern New Jersey: Counseling and therapy. Visiting Nurse Association of Northern New Jersey: Counseling and therapy. Zufall Health: counseling and therapy. Acenda Inc.: Depression and anxiety screenings. Actionational Health Actional programs. Community Health Committee - Morristown Medical Center: Depression and anxiety screenings. Mental Health Association: Depression and anxiety screenings. NewBridge Services: Psychiatric evaluation. Nourish NJ: Depression and anxiety screenings. Office on Aging.
	Office on Aging, Disabilities, and Community Programming: Depression and anxiety screenings. Prasada In Home: Depression and anxiety screenings. The Family Health Center of Morristown Medical Center: Depression and anxiety screenings. Zufall Health: Depression and anxiety screenings.

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Drug and alcohol and	Acenda Inc.: Intensive outpatient and outpatient substance use treatment for
intervention and support	adults and adolescents.
programs	Atlantic Behavioral Health/Atlantic Health System: Crisis intervention, inpatient
	mental health services, outpatient mental health and substance misuse services.
	Community behavioral health educational programs
	Bernards Township Health Dept.: Municipal Alliance Against Substance Abuse
	Community Health Committee - Morristown Medical Center: Provides funding
	and support to community programs
	Lincoln Park Health Department: Advertise programs for mental health and
	substance misuse.
	Madison Health Department: Stephen Hill/ Speak Sobriety presentation to high
	school students – students and parents.
	Mental Health Association: Substance Use Empowerment and Recovery provides
	one on one therapy, group therapy, and meet with a doctor if necessary.
	Individuals can have a co-occurring disorder (both mental health and substance
	use) to qualify for services.
	Morristown Division of Health: <i>Referrals</i>
	Mount Olive Township Health Department: Police refer to Police Assisted
	Addiction and Recovery Initiative.
	NewBridge Services: Provides level 1 outpatient counseling for substance use
	disorders, co-occurring substance use and mental health disorders, and gambling
	treatment. Offer psychiatric day treatment programs that address substance use
	recovery for adults
	Office on Aging, Disabilities, and Community Programming: <i>Referrals to MHAEM</i> ,
	St. Claires, NewBridge.
	Opioid Response Network: <i>Provide training and guidance to individuals and</i>
	organizations to address the opiod and stimulant crisis.
	Prasada In Home: Provide in-home therapeutic services to children with mental
	health, behavioral services, and autism. Provide counseling, parenting coaching,
	behavioral assistance.
	Prevention is Key: School based programs
Health education services	Atlantic Health System – Community Health at MMC: Virtual and In-person Health
	Education Presentations on Mental Health and Substance Use Issues

Mental health first aid	Bernards Township Health Dept.: MHFA Training. Youth Mental Health First Aid.
training	Center for Evaluation and Counseling, Inc.: MHFA Training.
	Child & Family Resources: MHFA Training.
	Community Hope Inc.: MHFA Training.
	Cornerstone Family Programs/Morristown Neighborhood House: MHFA Training
	for teen and adults.
	Family Promise Morris County: MHFA Training.
	Madison Health Department: MHFA and Youth Mental Health First Aid Trainings.
	Mental Health Association: MHFA Training.
	Montville Township: MHFA Training.
	Morris County Council for Young Children Norwescap: MHFA Training.
	Morris County Division of Public Health: MHFA Training.
	Morris Township Health Department: MHFA Training.
	New Jersey Healthcare Quality Institute: MHFA Training.
	NewBridge Services: MHFA Training.
	Office on Aging, Disabilities, and Community Programming: MHFA Training.
	Randolph Township Health Department: <i>MHFA and Youth Mental Health First Aid Trainings.</i>
	Township of Parsippany: <i>MHFA Training</i> .
	Westfield Regional Health Department: <i>MHFA Training</i> .
Narcan administration	Acenda Inc.: Narcan administration trainings.
trainings (lesson on how	Family Promise Morris County: Narcan administration trainings.
to respond to an	Morristown Division of Health: Narcan administration trainings.
overdose)	Mount Arlington Borough: Narcan administration trainings.
	Office on Aging, Disabilities, and Community Programming: Narcan
	administration trainings.
	Prevention is Key: Narcan administration trainings.
	Randolph Township Health Department: Narcan administration trainings.
	Township of Parsippany: Narcan administration trainings.
	Westfield Regional Health Department: Narcan administration trainings.
Residential programs	Child & Family Resources: <i>Education</i> .
	Community Hope Inc.: Residential and CSS services for adults with mental illness.
	Lincoln Park Health Department: Stigma-free designated community.

		Morris County Division of Public Health: <i>Health education on suicide prevention.</i> Randolph Township Health Department: <i>Self-care and emotional wellness</i>
-	School mental health	program. Acenda Inc.: School mental health awareness.
	awareness	Atlantic Behavioral Health/Atlantic Health System: Community behavioral health educational programming.
		Center for Evaluation and Counseling, Inc.: <i>Individual, couples, and family therapy</i> . Child & Family Resources: <i>School mental health awareness</i> .
		Head Start Community Program of Morris County Inc.: <i>Behavioral support to our students/PreK students.</i>
		Madison Health Department: School mental health awareness. Substance abuse/ mental health books donation.
		Mental Health Association: School mental health awareness.
		Morris County Council for Young Children Norwescap: School mental health awareness.
		NewBridge Services: School mental health awareness.
	Smoking and vaping	Acenda Inc.: Smoking and vaping cessation programs.
	cessation programs	Atlantic Behavioral Health/Atlantic Health System: Smoking/vaping cessation. Atlantic Health System – Community Health: Virtual and In-person Tobacco Cessation groups, Virtual and In-Person Health Education Presentations on Smoking and Vaping
		Carol G. Simon Cancer Center: Smoking and vaping cessation programs.
		Lincoln Park Health Department: <i>Smoking and vaping cessation programs.</i> Morris County Council for Young Children Norwescap: <i>Smoking and vaping cessation programs.</i>
		Morris County Division of Public Health: <i>Smoking and vaping cessation programs.</i>
		Morris Somerset Regional Chronic Disease Coalition: Smoking and vaping cessation programs.
		Morris Township Health Department: Smoking and vaping cessation programs.
		Mount Olive Township Health Department: Smoking and vaping cessation programs.
		NewBridge Services: Smoking and vaping cessation programs.
		Prevention is Key: Smoking and vaping cessation programs.

		Randolph Township Health Department: Smoking and vaping cessation programs. SCDOH/Regional Chronic Disease and Cancer Coalition-Morris & Somerset Counites: Smoking and vaping cessation programs. Township of Parsippany: Smoking and vaping cessation programs. Westfield Regional Health Department: Smoking and vaping cessation programs. Zufall Health: Smoking and vaping cessation programs.
COVID-19 Testing and Vaccinations	COVID-19 interventions in the community	Bernards Township Health Dept.: COVID and flu vaccine clinics Butler Senior Community: Vaccine clinics, testing, mask distribution. DAWN Center for Independent Living: Mask distribution. Family Promise Morris County: Mask distribution. Head Start Community Program of Morris County Inc.: Vaccine clinics. Lincoln Park Health Department: Mask distribution. Madison Area YMCA: Testing and mask distribution. Morris County Division of Public Health: Vaccine clinics. Morris Township Health Department: Mask distribution. Morristown Division of Health: Vaccine clinics. Mount Olive Township Health Department: Vaccine clinics. NJ211: Vaccine clinics and testing. Nourish NJ: Mask distribution. Pequannock Health Department: Vaccine Clinics, testing. Randolph Township Health Department: Vaccine clinics and mask distribution. Zufall Health: Vaccine clinics, testing, outreach, and education.

Submitted by NJHC Executive Director, Laura O'Reilly-Stanzilis

December 2022