

North Jersey Health Collaborative



health matters

Healthy People, Healthy Communities Spring 2022

About The North Jersey Health Collaborative

The North Jersey Health Collaborative is a 501C3 non profit organization whose core function is a shared process of community needs assessment and health improvement planning to identify the most pressing health issues and facilitate the development of collaborative action plans to address them.

We have more than 100 partners across Morris, Passaic, Union, Sussex and Warren Counties representing health care, public health, social services and other community organizations.

NJHC's Community Plans

*Bringing Community Organizations
Together to Support Public Health*

The North Jersey Health Collaborative has completed Community Health Needs Assessments. They can be found [here](#).

THE COMMUNITY HEALTH IMPROVEMENT PLANS (CHIPs) are in progress in all 5 counties. By aligning your organization's mission with the work of the CHIP we can demonstrate our collective impact as we implement initiatives that address Mental Health and Substance Use, Chronic Disease and Cancer, Healthy Aging, and Maternal Child Health.

If you have not contributed to these plans, there is still time to do so in preparation for our July 2022 County Committee meetings.



Share Your Organization's Work with Us Here so We Can Include You in the Plan!

[Passaic County](#)

[Union County](#)

[Morris County](#)

[Sussex County](#)

[Warren County](#)

Message From Sherilyn Cognetti

President and Chair of the Board of Trustees



2022 has been very busy with CHIP development within each of our 5 counties. CHNA's were presented in each county in Jan., followed by a survey to align missions and work of individual organizations to the CHIP of the Collaborative. Action plans are continuing to be developed aligning the resources of our community partners. The need is great. If you are not participating, join us...there is a lot to be done.

Our Virtual Symposium "Breaking Down Barriers and Building Bridges; putting equity at the center of community health" is an educational forum that will help build momentum with our work, as well as further connect community resources. Registration will begin on July 13th, 2022.

We thank each of our partners ([click here to see our partners](#)) for their support financially and with services in kind. Help The Collaborative to continue to build new partnerships to strengthen our work. Each of you has a voice in your community. Help to spread the word bringing in new organizations that also align with this work. Help to be a voice in your community that could bring larger corporations into this work to help to mutually support each other.

SAVE THE DATE!

Breaking Down Barriers and Building Bridges

Putting Equity at the Center of
Community Health

Hosted by the North Jersey Health Collaborative



Wednesday, October 12, 2022 • 9:00am to 3:15pm

Virtual via Zoom* • Cost: \$35**

Keynote

**Advancing Health Equity – Is It Social Innovation
or Social Intervention?**

Darrin W. Anderson, Sr., PhD, MS

Chief Executive Officer, NJ YMCA State Alliance

Speakers

**Helping Those in Need Access Free and
Low-Cost Cancer Screenings**

Emily Carey Perez de Alejo, BS, REHS

*Program Manager, Screen NJ, Department of Cancer
Health Equity at the Rutgers Cancer Institute of New Jersey*

**Accessing Nutrition for Best
Health Outcomes**

Karen Enslie, EdD, RDN, FAND, CFCS, FCHS

Educator/Professor, Rutgers

**Navigating the SocioNeeds Index Suite: Health Equity
Data on NJHealthmatters**

Ken Balla, MPH

Data Analyst, Healthy Communities Institute

**A Human Services/Case Management Approach
to Social Support**

Kasey Errico, MEd

Director, Morris County Department of Human Services

The Role of Community Health Centers

Michelle Blanchfield, MPH

Director of Outreach and Special Populations

Zufall Health Center

Mental Health Awareness, Let's All Get on the Same Page

Ruth Kaluski, MS, CRC, LMHC

Statewide Director, Mental Health First Aid

Director, Career Connection Employment Resource Institute

Care Coordination: Linking Clinical and Social Determinants of Health

Laura Hawkins, MSW, LSW

Director, Community Health & Social Services Care

Coordination, Atlantic Health System

NJ 211 Connection to Social Determinants of Health:

An Overview of NJ 211

Melissa Acree, MA, CRS

Executive Director, NJ211 Partnership

Supported in part by
Rutgers Cancer Institute
of New Jersey

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CEUs provided for Social Workers, Nurses, Registered Dietitians, and CHES Health Educators

Sponsorships* are available. For more information, contact

Laura O'Reilly-Stanzilis, NJHC Executive Director, at Laura@njhealthmatters.org

*Zoom link will be provided at the time of registration.

** All fees and sponsorships will support the North Jersey Health Collaborative, a 501(c)(3) nonprofit organization.



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CORP-44505-22

Thanks to our 2022 Volunteer Officers and County Committee Chairs:

President and Chair of the Board of Trustees: Sherilyn Cognetti

President-Elect: Maureen M. Cianci, BSN, RN
Treasurer and Finance Committee Chair: Trevor Weigle
Secretary: Amy Lewis, MPH MCHES

Morris County Committee Chair: Sarah Rubenstein, MPH
Passaic County Committee Chair: Catherine Scutti
Sussex County Committee Chair: Claudia Pelaez Yepes, MPH
Union County Committee Chair: Nicole Castelucci
Warren County Committee Chair: Pauline Shehata, MPH

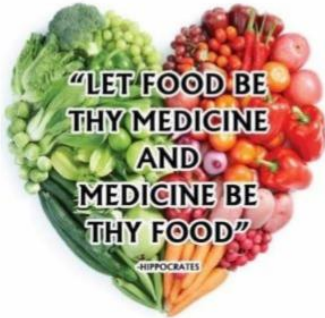
Leadership: Executive Director, Laura O'Reilly Stanzilis RN, MSM
Administrative Support: Daniel Wikstrom

Thanks to our Funding Partners and Board of Trustees for their ongoing support!

Upcoming Events and Forums:

Please register in advance for these upcoming events of the North Jersey Health Collaborative

June 8th



Food Ingredients Matter: An Interactive Dialogue to Promote the Reversal of Chronic Conditions With Nutrition

Moderator: Dr. Jaime L. Pula, RDN, PhD

Presenter: Barb Minemier Certified Holistic Health Coach and Owner of Your Healthy Truth

Join us for a FREE Forum on June 8, 2022 1:00 - 2:00 PM

[REGISTER HERE](#)

June 22nd



HIV from the inside out: A Personal Perspective

Robert Armstrong, AIDS survivor from Morris County, will cover:

- From near-death to daily living
- Psycho-social context of HIV/AIDS
- Ending the HIV Epidemic
- HIV Resources

Join us for a FREE Forum on June 22 from 11:00 – 12:00 PM

[REGISTER HERE](#)

June 28th



Atlantic Health System

Cross Collaborative Mental Health Forum: Part 2

Presented by: Jennifer Carpinteri, LSW, Manager, Atlantic Behavioral Health Community Services

Join us for a FREE Forum on June 28 from 11:00 - 12:00pm

[REGISTER HERE](#)



NJ 211 Partners to Implement a Closed Loop Referral System

NJ 211 has connected New Jerseyans to life-saving health and human services for almost two decades. Our long history of providing information and referrals for food, housing, utility assistance, and more has addressed the social determinants of health (SDoH) since 2005. Each year individuals in need put their trust in our services, and in 2021 alone, we handled over 1.1 million connections for help.

The Center for Medicare & Medicaid Services selected seven states for a seven-year project to improve health outcomes for children under 21. The goal of this project is to increase in-home medical and behavioral care, while reducing the number of children that need out-of-home placement for care. This is accomplished through prevention, early identification, and treatment of priority health concerns like behavioral health challenges, physical health needs, and social challenges. The New Jersey Integrated Care for Kids (NJ InCK), is led by Hackensack Meridian Health, along with two co-leads: the Visiting Nurses Association of Central Jersey (VNA) and New Jersey Health Care Quality Institute (NJHCQI). NJ 211 was selected to provide our nationally accredited resource database. In addition, through our partner, Open City Labs and their technology, NJ 211 is providing the closed loop referral solution.

We are delighted to contribute our expertise while collaborating with private, nonprofit, and government entities that together can help healthcare providers meet their patients' medical and social needs as they work towards providing care in the least restrictive environment. Visit NJ211.org to learn more.

NJ 211 is a nationally accredited and statewide, nonprofit organization that connects people in need of health and human services with community resources that can help. As the statewide portal for information and referral, 2-1-1 is a powerful tool that individuals, families and professionals can depend on when they don't know where to turn in times of crisis and confusion. Live assistance from expertly trained specialists, who respond with urgency, is available 24/7 via phone, text, chat and email. Services are free, confidential, multilingual and accessible to people of all abilities. An online search of over 8,000 community resources is also available at www.nj211.org. All combined with outbound text messaging and social media, 2-1-1 is able to ensure that more people than ever get the help they need when they need it most. NJ 211 is funded by United Way, state and county government, and handles over 1 million contacts annually.



Cancer: Thriving and Surviving Workshop

Are you a cancer survivor that is undergoing or has completed treatments and/or a caregiver of a cancer survivor? Join us for an informative virtual or in-person 6-week workshop series!

Workshop topics include:

- Techniques to deal with problems such as frustration, fatigue, pain, isolation, poor sleep and living with uncertainty
- Exercises for regaining and maintaining flexibility and endurance
- Making decisions about treatment and complementary therapies
- Communicating effectively with family, friends, and health professionals
- Nutrition
- Setting priorities, and more!

DATES TO BE DETERMINED

To Register or for more information:

Call or email, Cheryl Walters of Norwescap, at: (973) 784-4900 x2903 or waltersc@norwescap.org



From the Morris County Parks Commission

Civil War Weekend is back at Fosterfields! Join the NJ 2nd Brigade as they host a reenactment weekend. See skirmishes, camp set-ups, and more during this family-friendly event.

Cost: \$10 per person. Free for kids age 3 & under.

THIS EVENT IS HAPPENING ON:

1. SATURDAY, JUNE 11 : 10 AM - 4 PM
2. SUNDAY, JUNE 12 : 10 AM - 4 PM

FOSTERFIELDS LIVING HISTORICAL FARM IS LOCATED AT 73 KAHDNA ROAD, MORRISTOWN, NJ 07960

Preregistration is required. ***Register here.***

For more information, call 973.326.7645.

Are we on YOUR schedule?

Stay tuned to our activities and our partners' events
by checking our calendar frequently

[NJHC Meeting and Events Calendar](#)

We hope you can join us at our July meetings! We will review the Community Health Improvement Action Plans in greater detail. There will also be presentation by the Maternal Child Partnership of Northern New Jersey.

Upcoming Meetings:

Please check the [NJHealthMatters website](#) for our County Committee meetings and Cross Collaborative Forums. We hope you will join us as we work to improve the health of our communities.

Editor: Laura O'Reilly Stanzilis, RN MSM, Executive Director
Ass't. Editor: Daniel Wikstrom, B.A

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