

# North Jersey Health Collaborative

health matters



## Workgroup Meeting Update

**County:** Union

**Workgroup:** CV, Diabetes, Health Literacy

**Meeting Date:**

Use this form at every workgroup meeting (in-person/by phone). **Send a completed copy via email to [catherine.connelly@njhealthmatters.org](mailto:catherine.connelly@njhealthmatters.org).** This form will be used to update our engagement scorecard/action tracker, CHIP strategies and website.

### Meeting Attendees

Name (Last)	Name (First)	Organization:	Email Address:	Attended (x)
Cognetti	Sheri	Fanwood-SP YMCA	scognetti@fspymca.org	X
Jansen	Michelle	Community Food Bank	mjansen@cfnj.org	X
Avallone	Megan	Westfield Regional Health Department	mavallone@westfieldnj.gov	
Bell	Erica	Vauxhall Library	ebell@uplnj.org	
Destro	Christina	HQSI	cdestro@hqsi.org	
Fenelus (David)	Caryn	City of Elizabeth - Public Health Nurse	carynefenelus@yahoo.com	
Fischer	Amanda	Village Supermarkets/ADA	amanda.fischer@wakerfern.com	
Hale	Karen	HQSI	karen.hale@area-j.hcqis.org	
Terry	Rachel	Common Market	rachel@thecommonmarket.org	X
Balancia	Vincent	Johnson & Johnson	vbalanc2@its.jnj.com	X
Oppelt	Joanne	Community Access	joppelt@caunj.org	X
Johnson	Mike	Gateway YMCA	mjohnson@tgfymca.org	
Johnson	Blake	Congressman Payne's Office	blake.johnson@mail.house.gov	
Navas	Andrea	Union County Office of Health Management	anavas@ucnj.org	
Ortiz	Barbara	American Diabetes Association	bortiz@diabetis.org	
Paolella	Patrice	Overlook Medial Center	patrice.paoella@atlantichhealth.org	X
Regenberg	Pat	Overlook Medical Center	pat.regenberg@atlantichhealth.org	X



## Strategies Cheat Sheet

### 1) Engage community member and organizational stakeholders in Elizabeth, Vauxhall, and Plainfield

- # of stakeholders engaged
- # of opportunities for stakeholder engagement
- % of ideas that provide new information (previously unknown to workgroup)
- # of new strategies developed

### 2) Improve diabetes and hypertension health literacy and awareness, with an emphasis on the residents of Vauxhall (year 1).

- # of individuals reached
- % participant satisfaction
- % in target geography
- #/% of individuals reporting improvements in health status/literacy/behaviors
- #/% of individuals reporting relevant knowledge gain

### 3) Improve diabetes and hypertension health literacy and outcomes with an emphasis on the residents of Vauxhall (year 1).

- individuals reached
- % participant satisfaction
- #/% of individuals reporting disease-specific knowledge gain
- %/# reporting health improvement

### 4) Refer community residents with diabetes, pre-diabetes, or significant risk factors to existing programs, and to clinical services, as needed.

- # of individuals reached
- # of resources/agencies connected in referral pathway
- % who use services
- % of resources/agencies making referrals
- #/% reporting service/resource met their need

### 5) Identify and establish collaborative relationships with existing health-related resources in the local community.

- # of (new) residents/organizations active in workgroup
- # of months with an engagement opportunity for stakeholders
- % of months with an engagement opportunity for stakeholders
- % of participants that are stakeholders from target group(s)
- % of stakeholders satisfied with process
- # of new strategies developed by workgroup as a result of stakeholder engagement

## General Meeting Notes:

*What is new since last meeting? Organize in a way that works for you. Write or type below:*

We reviewed our current mission statement and strategies

Engage community member and organizational stakeholders in Elizabeth, Vauxhall Plainfield

Improve Diabetes, Hypertension and Health Literacy awareness with an emphasis on Elizabeth, Plainfield and Vauxhall

Improve diabetes, hypertension and health literacy outcomes with an emphasis on the 3 communities

Refer community residents with diabetes, pre-diabetes or hypertension with significant risk factors to existing community programs and clinical services

This past year we have been focusing on participating in health fairs (initially our own and then partnering with other community organizations to identify those in need of services of support . The health fairs have been challenging to develop and those that we have worked with have had poor outreach.

There are currently 3 health fairs scheduled . Please let me know if you are available to attend the following health fairs:

May 24<sup>th</sup> in Elizabeth at a school-School 19, 4:00-5:00

May 30<sup>th</sup>-Union Senior Center, 10-2

June 2-Vauxhall first Baptist church, 9-12

June 16-Queen City charter school in Plainfield, 10:00-2:00

**Note:** Performance measures reported at quarterly County meetings. To edit or add a strategy, e-mail [data@njhealthmatters.org](mailto:data@njhealthmatters.org)

## General Meeting Notes (continued):

New focus within our current strategies

develop referral resource collateral using our partners

research other potential referral resource-team on theirs if they have one or include them on ours-reach out to Department of Health, Community Health at Atlantic Health and other community agencies to see if they have resources

Individualize resource referral cards for specific communities

Distribute to connections that we have within our communities opening up our outreach to other communities and populations

Put referral resources on web pages

attached is a referral card that we used last year in Vauxhall-develop these for upcoming health fairs

distribute in pharmacy bags, distribute to Libraries, Medical Community...etc.

outcomes-increase in referrals from partners that distribute resources, also track number of referral cards distributed

New impact statement-Increase community awareness of diabetes and high blood pressure to improve help.

Action statement-Need help with diabetes and high blood pressure? Here are some resources. OR The North Jersey Health Collaborative wants to help you with your Diabetes and Hypertension by providing you with resources with support.

Next meeting-June 6<sup>th</sup> 2:00-4:00 at the Fanwood-Scotch Plains YMCA, 1340 Martine Ave. Scotch Plains

Action taken since last meeting (description)	Who did this action (can be multiple people)
Example: Surveyed and completed 35 questionnaires on access to care issues at 2 community health fairs	Example: Kelly Kapowski, John Jones
Health Fair in Plainfield	Fanwood-Scotch Plains YMCA

**Next Workgroup Meeting** (Date, Time, Place): June 6th 2:00 at the Fanwood Scotch Plains YMCA

*Do you need Data, Research or Technical Support from the Data Committee? If yes, please email [data@njhealthmatters.org](mailto:data@njhealthmatters.org).*

*If you have questions or need support with other issues related to your workgroup, please email [Catherine.Connelly@njhealthmatters.org](mailto:Catherine.Connelly@njhealthmatters.org).*