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| *C:\Users\jim.connelly\Desktop\NJHC Mini Logo2 (5).jpg*  **Use this form at every workgroup meeting (in-person/by phone). Send a completed copy via email to** [**catherine.connelly@njhealthmatters.org**](mailto:catherine.connelly@njhealthmatters.org)**. This form will be used to provide updates to the action plan, evaluation metrics, and to update our website.** | | | **Workgroup County/Name/Date** | |
| County/Workgroup: Union/Diabetes/hypertension/health literacy  Meeting Date:Oct. 20, 2016 | |
| **Sign-in Sheet/Attendees** | | | | |
| Name: |  | Organization: |  | Email (if new group member or new email address): |
| Nancy Raymond |  | Clark Health Department |  | nogonowki@hotmail.com |
| Natalie Capocia |  | Shop-Rite in Garwood |  | Natalie.capoccia@wakefern.com |
| Carolyn Ciaccio |  | Summit Health Department |  | cgiaccio@cityof summit.org |
| Martha Schiabeckler |  | Overlook Medical Center |  | Martha.schinbeckler@atlantichealth.org |
| Patrice Paolella |  | Overlook Medical Center |  | Partice.paolella@atlantichealth.org |
| Christina Destro |  | HQSI |  | cdestro@hqsi.org |
| Vincent Balancia |  | Johnson & Johnson |  | vbalancz@its.jnj.com |
| Pat Regenberg |  | Overlook Medical Center |  | Pat.regenberg@atlantichealth.com |
| Blake Johnson |  | Congressman Payne’s Office |  | Blake.Johnson@mail.house.gov |
|  |  |  |  |  |

Actions Taken Since Last Meeting: Action steps for Vauxhall

Action/By Who:

Most immediately we will focus on Vauxhall. There was significant representation at the meeting from that area and we will be building on strategies that they have previously used. We will continue to develop work in Plainfield and Elizabeth with other key stakeholders.

* Blake will reach out to the Union County Health Officer and also to Council Person.
* Announcements will go our orally and will also be placed in church bulletins prior to the event.
* Financial support for these projects (manpower, materials and screenings) was discussed. Reaching out to Catherine Connelly regarding funding.
* Target a kick off in Feb with American Heart Month.
* Pat Regenberg-will get pre/post hypertension assessments. Patrice has pre/post assessments on Diabetes.
* Collateral-what marketing does the NJ Health Collaborative have. We would need flyers with the header of the Collaborative graphics

Need to Make Updates to Action Steps (Identify Action Step being **revised** or mark as **NEW**)

Action/By Who/By When:

* Blake Johnson will be organizing key players.
* Contact Senior Centers and Faith Based Organizations-Erica Bell (ebell@upinj.org)
* Conduct Diabetes and blood pressure seminars in Vauxhall-Patrice Paolella and Martha Schinbeckler (they will need to confirm with their appropriate supervisors)
* Conduct Risk assessments with screenings as identified-Martha Schinbeckler (needs approval from Supervisor)
* Collect and assess existing materials and prepare for distribution related to diabetes and hypertension-Sheri Cognetti and Carolyn Giaccio

Need to Make Updates to Strategies or Metrics

\_\_\_\_ Yes \_\_\_\_\_ No If yes, please list updates below: will focus on assessments at next meeting

Performance Measures (small change)

* Improve diabetes and hypertension health literacy and awareness with an emphasis on Plainfield, Vauxhall and Elizabeth
* Improve diabetes and hypertension outcomes with an emphasis on Plainfield, Vauxhall and Elizabeth

Second strategy -“Refer community residents with diabetes, prediabetes and hypertension or significant risk factors to exiting diabetes and hypertension management and prevention programs and to clinical services as needed.”

Need Data, Research or Technical Support

\_\_\_\_\_ Yes \_\_\_\_\_ No If yes, please specify need: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Key Decisions, Notes, Meeting Summary:

Resources available at this point.

ADA risk assessments in English and Spanish

Diabetes Education from Atlantic Health-Diabetes Educator

YMCA Pre-diabetes Risk Assessments and programming

Diabetes self management-available to Medicare participants

Diabetes and blood pressure screenings from Atlantic Health

YMCA Blood pressure self management-now offered by the Westfield YMCA

American Heart Association Resources

Next Workgroup Meeting (Date, Time, Place): \_\_\_December 8 @ 1:00 at the Fanwood-Scotch Plains YMCA