

North Jersey Health Collaborative

health matters

The North Jersey Health Collaborative 2022 Annual Report

A Message From the President of The Board of Trustees

The NJHC has completed our 5 county's Community Health Improvement Plans (CHIPs) during this past year and posted them on the Healthy NJ 2030 website and the NJHC website. CHIP implementation data will be collected from all the partners spring-summer 2023 and begin to show the slow work in improving the identified health concerns in our region.

We thank each of our partners (<u>click here to see our partners</u>) for their support financially and with services in kind. Through the collaborative, each of you has a voice in your community. Please help elevate the voices of others by bringing in new organizations whose work aligns with your county's CHIP. The NJHC is only as strong as our partnerships, so help us support your work by breaking down silos and building partnerships between sectors. The more organizations and sectors we bring into the collaborative, the better-equipped we are to mutually support each other's work and promote healthy communities in our region.

Lastly, due to diminished funding, we were unable to continue to employ Laura O'Reilly Stanzilis as our fulltime Executive Director in 2023. Past president, Sherilyn Cognetti, is returning in 2023 as Advisor to the Board of Trustees, and Daniel Wikstrom, who was our Administrative Assistant, has now been named as Administrator. Daniel possesses expertise in data collection and analysis, an important skillset as we move into the implementation phase of the CHIPs. We look forward to continue our work in supporting community health assessment and improvement and strengthening relationships across sectors and communities in 2023!

~ Maureen Cianci

Maureen Cianci, RN, BSN, President and Chair of the Board

NJHC Leadership and Board of Trustees

The North Jersey Health
Collaborative thanks the
Volunteer Officers,
Committee Chairs, & Board
of Trustees for their direction
and leadership in 2022.

Thank you to our 2022 Volunteer Officers and County Committee Chairs

Volunteer Officers

- President: Maureen M. Cianci, BSN, RN
- Treasurer and Finance Committee Chair: Trevor Weigle, MA, MPH
- Secretary: Amy Lewis, MPH MCHES
- Advisor to the Board of Trustees: Sherilyn Cognetti

County Committee Chairs:

- Morris County Committee Chair: Sarah Rubenstein, MPH
- Passaic County Committee Chair: Jessica Elicin
- Sussex County Committee Chair: Claudia Pelaez Yepes, MPH
- Warren County Committee: Pauline Shehata, MPH

<u>View Members of the NJHC Board of Trustees with the Link Below:</u>

Board of Trustees

Our Mission Improving Community Health through Collective Impact

Our mission is to Build Capacity to Improve Community Health using data to inform Community Health Needs Assessments and Community Health Improvement Plans; to build networks across sectors, and to provide a shared framework to leverage resources and demonstrate impact.

Healthy People, Healthy Communities - That's Our Vision

Through our work on the Community Health Improvement Plan (CHIP) we engage with public health, local government agencies, non-profits, and businesses who provide resources, programs, and services in the community.

We provide support to our healthcare partners by linking clinical to community through our network of partner organizations.



What we do – Shared Data for Collective Impact

Shared Data for Collective Impact







The North Jersey Health Collaborative is an independent, self-governed 501(c)(3) organization with a diverse set of partners representing health care, public health, social services and other community organizations.

Our core function is a shared process of community needs assessment and health improvement planning to identify the most pressing health issues and facilitate the development of collaborative action plans to address them.

By working together in unprecedented ways, our partners are strategically aligning their efforts and resources to achieve collective impact on the health of our communities, accomplishing together what we could never do alone.

The North Jersey Health Collaborative (NJHC) collaborates with healthcare, community agencies and local offices of public health on community health improvement in 110 municipalities across Morris, Passaic, Sussex, Union, and Warren Counties.

Our key focus areas are: (1) Social determinants of health and health equity, (2) chronic disease and cancer, (3) maternal & child health, (4) healthy aging, and (5) mental health and substance use

What we do – The NJHC & The Collective Impact Model

The North Jersey Health Collaborative utilizes the Collective Impact Model, an evidence-based model of collaborative problemsolving for social progress, to improve community health in Northern NJ.

Conditions of Collective Impact	Descriptions	North Jersey Health Collaborative Services
Common Agenda	All participants have a shared vision for change including a common understanding of the problem and a joint approach to solving it through agreed upon actions	NJHC surveys partner organizations and collects and reports public health data on shared interests ("key focus areas") in the CHA and CHIP
Shared Measurement	Collecting data and measuring results consistently across all participants ensures efforts remain aligned and participants hold each other accountable	NJHC collects and reports partners' intervention data to reflect the progress made toward completing goals in the key focus areas laid out in each county's CHIP
Mutually Reinforcing Activities	Participant activities must be differentiated while still being coordinated through a mutually reinforcing plan of action	NJHC collects and reports partner organizations' individual interventions that align with each organizations' county CHIP
Continuous Communication	Consistent and open communication is needed across the many players to build trust, assure mutual objectives, and create common motivation	NJHC hosts quarterly County Committee Meetings, as well as Cross Collaborative Meetings, Educational Webinar Series and an Annual Symposium
Backbone Organization	Creating and managing collective impact requires a separate organization(s) with staff and a specific set of skills to serve as the backbone for the entire initiative and coordinate participating organizations and agencies	NJHC is largely volunteer-led by public health professionals, healthcare providers, and community leaders. The organization is comprised of a Board of Trustees, Executive Committee, Regional Committees, and Local County Committees

2022 Community Health Improvement Plans (CHIPs)

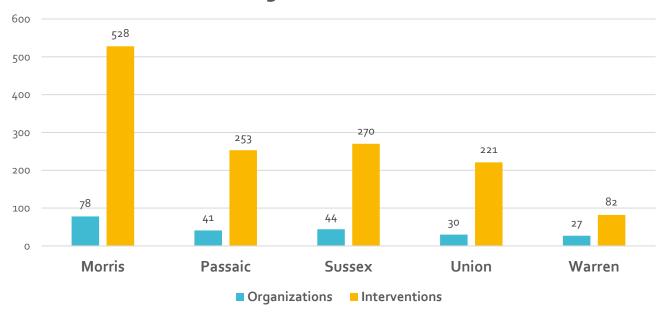
Core functions of the NJHC include a shared process of community health needs assessment and health improvement planning to target factors that drive poor health outcomes, and the development of collaborative strategies and action plans designed to create communities where opportunities for health and well-being are available for all people.

The Community Health Improvement Plan (CHIP) is designed to set priorities and coordinate resources to improve community health. Data from county Community Health Needs Assessments were used to identify priority areas for intervention. The CHIPs outline priority areas for public health intervention, as well as community partners' activities that improve these priority areas. Progress in the execution of the CHIP (i.e., intervention and outcome data) will be published on the NJHC County Progress Tracker and demonstrate collective impact.

2022 CHIP (continued)

Note: "Interventions" represents the total count of interventions partners provided in each county, and may overlap among counties. Output and Outcome data will be collected and published in 2023 to the County Progress Tracker (see next slide) to assess the success of CHIP implementation.

2022 CHIP Partner Organizations and Interventions Count



Access each county's CHIP below:

Morris County CHIP

Passaic County CHIP

Sussex County CHIP

Union County CHIP

Warren County CHIP

County CHIP Progress Trackers and Community Resources

Each County has a Progress Tracker to reflect the progress made toward completing our goals in the priority areas laid out in each county's CHIP. The County Progress Trackers and Community Resources page is a demonstration of how working together as a Collaborative, we have a greater impact on our communities.

The number of individuals impacted is added to the Progress Tracker when someone has participated in a screening, received a referral or was provided access to care or services, showed positive changes or demonstrated improved knowledge related to a referenced indicator.

The progress tracker is a demonstration of the collaboration of multiple organizations sharing a common goal and implementing services, programs, and interventions that ultimately improve health outcomes.

County Progress Tracker – Regional View

associated complications.



Healthy Aging: Improve and maintain mobility and independence and reduce the risk of falls and fall related injuries in aging populations.

Chronic Disease and Cancer: Reduce new cases of chronic disease, cancer, and



Running totals (seen here) are collected using data from partners in all counties. These data are further broken down at the county level in each county's individual Progress Tracker

Mental Health, Substance Misuse, and Suicide Prevention: Improve access to mental health services and educate the community about mental health.



County Progress Tracker – County View

Morris County's Progress Tracker is used as an example here and in the next slide.

Morris County Progress Tracker and Community Resources

On this page we will track the progress of our County Committee from 2020. Individuals served are cumulative.

Click on each box to see what our partners are doing.

Chronic Disease – Diabetes and Cancer Use collective impact and share initiative currently being conducted in Morris County that expand outreach to target populations to increase awareness and education, to increase screenings

and to connect target populations top programs and

2847
INDIVIDUALS
IMPACTED

Healthy Aging

Improve and maintain mobility and independence and reduce the risk of falls and fall related injuries in Aging/Age Populations. 1418
INDIVIDUALS
IMPACTED

Nutrition and Access to Healthy Food

Improve nutrition and access to healthy foods via programs, environments, systems, and policies to increase healthy eating in residents of Morris County.

3239
INDIVIDUALS
IMPACTED

Mental Health, Substance Misuse and Suicide Prevention

Improve access to mental health services and educate the community about mental health.

1160

INDIVIDUALS IMPACTED

Physical Activity

Improve health, fitness, and quality of life through daily physical activity

3176
INDIVIDUALS
IMPACTED

Maternal and Child Health

Improve the health and well-being of mothers, infants, and children.

U INDIVIDUALS IMPACTED

County Progress Tracker – Indicator View

Each County Progress Tracker has a page for each key focus area. This slide shows Morris County's Chronic Disease and Cancer Progress Tracker which includes a running total of the number of individuals impacted by our partners, a chart of progress over time, and a description of each partner organization's activities along with a link to their organization's website

Morris County - Chronic Disease – Diabetes and Cancer Progress Tracker

Our partners have been working together to achieve the goals of the Community Health Improvement Plan (CHIP). This is a demonstration of how working together as a Collaborative, we have a greater impact on our communities.



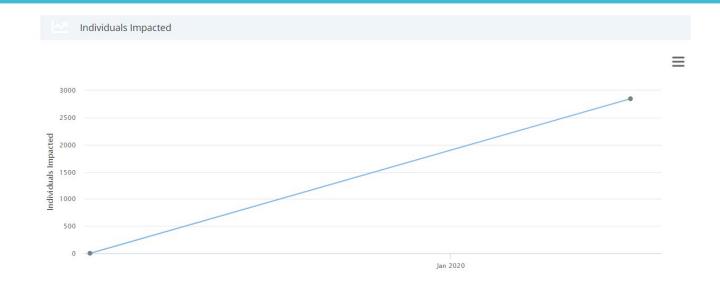
Number of Individuals Impacted are added to the progress tracker because they participated in a screening, received a referral or were provided access to care or services, showed positive changes or demonstrated improved knowledge related to the referenced indicator. This is a demonstration of the collaboration of multiple organizations sharing a common goal and implementing services, programs and interventions that may ultimately improve health outcomes. Organizations that provided outreach and educational materials are also listed below.

Show Al

CLICK HERE - To See Action Plans and Impact of Partners

Rockaway Township Health Department (Rockaway Twp., Jefferson Twp., Boonton) 645 Individuals Impacted/Screenings

Rockaway Township Cancer Screening- 22 participants Blood Pressure Monitoring - 12 Participants- 34 Individuals Impacted/Screenings / Jefferson Township-Breast Cancer Screenings 8, Cervical Cancer Screenings 13, Colorectal Cancer Screenings 7, Skin Cancer Screenings 43, Skin Cancer Screening Referrals 3, Cardiovascular Disease Screenings 130, Hypertension and AMAC and Female Cancer Screenings Seniors 152, Skin Cancer Screening for Seniors 152, Diabetes Screenings 130, Blood Chemistry Screenings 130 611 Individuals Impacted /Screenings



County Committee Meetings

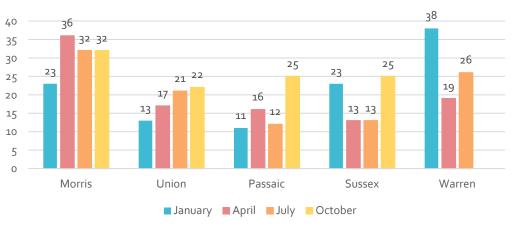
County Committee Meetings are held once a quarter on Zoom and in person, depending on partners' comfort. As of Q₄ 2022, only Warren County met in person. Online, in person, and hybrid settings will continue to be reassessed in the coming year, with the expectation that many county committees would like to move back to in-person meetings at some point in the future.

County Committee Meetings are an important opportunity for partners to share resources and upcoming events, network, discuss potential funding sources and grants, build working partnerships, and engage with each other as a community of professionals who are working to improve community health.

Meetings often involve discussion on upcoming CHIP or CHA reports, and always end with time to network and provide 'needs and leads' to the community. Meeting minutes are taken and shared out with attendees via email, along with promotional materials/resources shared during the meeting. All previous meeting minutes are available on the NJHC website on each County Committee page.

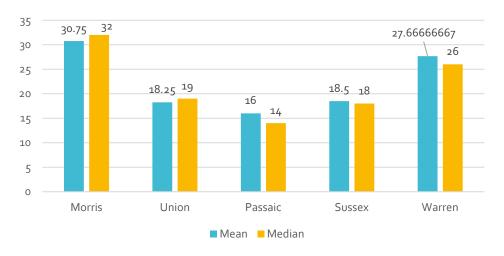
County Committee Meeting Attendance

2022 Quarterly County Committee Meeting Attendance



In all committees that held 4 quarterly meetings, attendance grew between the first and fourth quarter.

2022 Average County Committee Meeting Attendance



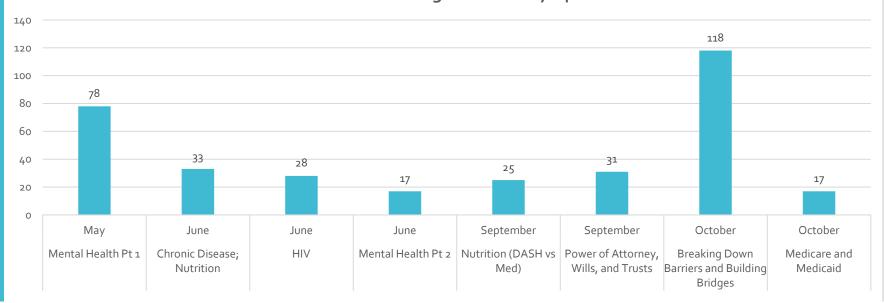
Morris County continues to have the highest attendance on average, followed by Warren County, Union and Sussex, and Passaic.

Cross Collaborative Meetings and the 2022 Symposium

The North Jersey Health Collaborative engages with community partners in a number of ways, including quarterly County Committee Meetings, Cross Collaborative Meetings, Educational Webinars, and Continuing Education Symposiums.

Recordings of many of the NJHC Cross Collaborative Meetings are available for the public to stream on our <u>Webinars and Forums Library</u>.

NJHC Cross Collaborative Meetings and 2022 Symposium Attendance



Symposium:
Breaking Down
Barriers and
Building Bridges

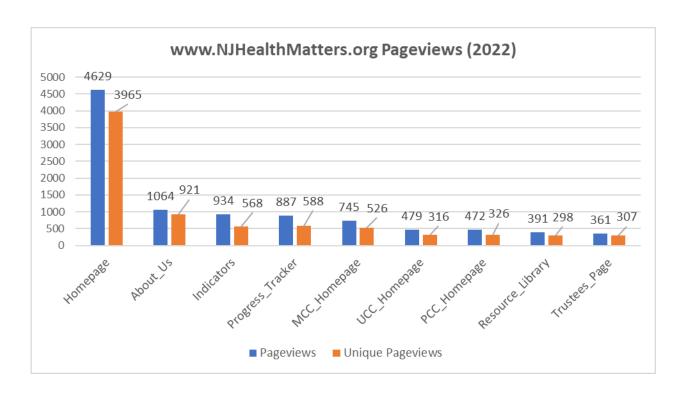


The 2022 Symposium was a smashing success, with over 110 attendees and over 70 CEUs provided to Registered Dietitians, Social Workers, Community Health Education Specialists, and Public Health Professionals and Certificates of Attendance given to all other healthcare professionals.

To view topics and speakers of this event, please visit <u>the online</u> <u>brochure</u>.

2022 NJHC Website User Engagement

- Total Pageviews: 31,159 total pages visited in 2022
- Total Unique Pageviews: 24,914 unique pages visited in 2022
- <u>Top pages visited are</u>: (1) Homepage, (2) About Us, (3) Indicators [data homepage], (4) Progress Tracker, (5) MCC page, (6) UCC page, (7) PCC page, (8) Resource Library, (9) Trustee page



Thank you to our **Funding Partners**

The North Jersey Health Collaborative would like to thank our Funding Partners, as well as all the partner organizations that are committed to improving the health of the communities in our region. If your organization's work aligns with the our key priority areas, please consider becoming a funding partner and help us improve community health in Northern New Jersey.

If you are interested in becoming a funding partner, please view our <u>partner benefits</u> page and email info@njhealthmatters.org

Funding Partners - Catalyst Level







Morris Regional Public Health Partnership

Atlantic Health

Trusted Network of Caring™

Funding Partners - Transformer Level



Morris County Division of Public Health



Morristown Division of Health



Mount Olive Township Public Health Services



Passaic Regional Public Health Partnership



Department



Summit Medical Group Foundation



Sussex County Division of Health



Warren County Health Department



Morris Somerset Chronic Disease and Cancer Coalition

Funding Partners - Supporter Level



Union County Health Officers Association



Hanover Township Health Department



Morris County Park Commission



Morris Habitat for Humanity



NJ 2-1-1 Partnership



NORWESCAP, Inc - Skylands



Randolph Township Health Department



Rockaway Township Division of Health



Ringwood Health Department

Looking Forward to 2023 – Improved Collaboration

Improved Collaboration:

Improved engagement and collaboration with community partners will be achieved by encouraging community stakeholders to guide the NJHC's County Committees. Through surveying and reporting on partner's key focus areas, as well as satisfaction with the collaborative's work, the NJHC will continue to let community stakeholders lead the organization.

One theme identified by partners for future growth at the NJHC was increased time for collaboration. To address this need, 2023 County Committee Meetings will have increased time for collaboration. NJHC's announcements will be provided in advance of committee meetings, allowing partners to spend more time actively collaborating during meetings.

Looking Forward to 2023 – Creation of County Subcommittees

County Subcommittees:

Another need identified by NJHC members was more specialized committee meetings. Partners expressed interest in attending meetings with other professionals in their service area that are aiming to address the same key priority areas as them.

To address this need, the NJHC will develop subcommittees in each county for members with shared key focus areas to meet and collaborate. These subcommittees will meet individually, set goals, share resources, collaborate together on interventions and report to county committees quarterly or as-needed.

Interested in learning more?



North Jersey Health Collaborative

health matters

Access our public reports and data repository on our **Data Page**

Access community resources and evidence based best-practices on our <u>Resource Library</u>

Find upcoming meetings on our **Community Events Calendar**

Find our CHAs and CHIPs on our County Committee sites

Under "County Committees" on the NJHC Homepage

Learn more about the NJHC on our **About NJHC Page**



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www.NJHealthMatters.org